



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (1-1) - One-on-one programs (H-H) - Heritage Hall (R.R) - Recreation Room (A.R) – Alberta Room (C) - Chapel (F.G) – Family Garden</p>						
			1 10:00 Horse Races (B) 1:45 Card Bingo (R) 6:15 Yahtzee (G)	2 1:30 Music with Georgina (A.R) 3:30 Activity Cart (B)	3 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Table Games (R.R)	4 10:00 Fun and Fit (G) 11:00 Trivia (G) 3:30 Fresh Air Strolls (1-1)
5 2:00 UKR/ENG Cath. Liturgy (C)	6 No Recreation Programs Today! LABOUR DAY	7 10:00 Crosswords (R.R) 11:00 Coffee Brewing (R.R) 2:00 Anglican Service (A.R) 3:30 Music Bingo (G)	8 10:30 Ukrainian Orthodox (C) 1:45 Movie Matinee (H.H) 3:30 Fresh Air Strolls (1-1) 6:15 Card Bingo (B)	9 10:00 Curling (A.R) 1:30 Garden Concert with Danny 3:30 Friendly Visits (1-1)	10 10:30 Hymn Sing (A.R) 1:45 Grandparents Day Social (A.R) 3:30 Activity Cart (R) 6:15 Yahtzee (G)	11 Sorry No Recreation Programs
12 2:00 UKR/ENG Cath. Liturgy (C)	13 10:00 Nice Nails (1-1) 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:45 Bingo (G) 3:30 Fresh Air Strolls (1-1) 6:15 Table Games (R.R)	14 10:00 Music with Georgina (B) 2:00 Roman Catholic (C) 3:30 Fall Trivia (R.R)	15 10:00 Bean Bag Games (R) 1:45 Bowling (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (G)	16 10:00 Curling (A.R) 1:30 Garden Concert with Jukebox Leigh	17 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Fresh Air Strolls (1-1) 6:15 Card Bingo (R.R)	18 1:45 Fall Craft (R.R)
19 2:00 UKR/ENG Cath. Liturgy (C)	20 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:45 Bingo (G) 3:30 Coffee Brewing (R.R) 6:15 Yahtzee (R.R)	21 10:00 Coloring (R.R) 11:00 Coffee Brewing (R.R) 2:00 Ecumenical Service (A.R) 3:30 Activity Cart (1-1)	22 10:00 Curling (A.R) 10:00 Nice Nails (1-1) 1:45 Movie Matinee (H.H) 3:30 Jewelry Making (1-1) 6:15 Card Bingo (B)	23 10:00 Horse Racing (R) 1:30 Garden Concert with Britz Duo 3:30 Table Games (R.R)	24 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)	25 Sorry No Recreation Programs
26 2:00 UKR/ENG Cath. Liturgy (C)	27 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:45 Bingo (G) 3:30 Coffee Brewing (R.R) 6:15 Yahtzee (R.R)	28 10:00 Reading Corner (1-1) 10:00 Coloring (R.R) 11:00 Coffee Brewing (R.R) 2:00 Roman Catholic (C) 3:30 Oktoberfest Trivia (R.R)	29 10:00 Bowling (G) 1:45 Oktoberfest Happy Hour (A.R) 3:30 Friendly Visits (1-1) 6:15 Card Bingo (R.R)	30 10:00 Colouring (G) 10:00 Activity Cart (R) 11:00 Coffee Brewing (R.R) 1:30 Birthday Social (A.R) 3:30 Resident Council Meeting (R.R)		

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409



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MONDAY

TUESDAY

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FRIDAY

SATURDAY

Location Legend

(B), (G), (R) – Blue Pod, Green Pod, Red Pod
 (1-1) - One-on-one programs
 (R.R) - Recreation Room
 (C) - Chapel

(H-H) - Heritage Hall
 (A.R) – Alberta Room
 (F.G) – Family Garden



5
 2:00 UKR/ENG
 Cath. Liturgy (C)

6
No Recreation Programs Today!
LABOUR DAY

7
 10:00 Balloon Volleyball (A.R)
 2:00 Anglican Service (A.R)
 3:30 Fresh Air Strolls (1-1)
 6:15 Table Games (G)

8
 10:30 Ukrainian Orthodox (C)
 1:45 Movie Matinee (H.H)
 3:30 Doll Therapy (1-1)

9
 10:00 Bean Bag Games (R)
1:30 Garden Concert with Danny
 3:30 Activity Cart (1-1)
 6:15 Card Bingo (B)

10
 10:30 Hymn Sing (A.R)
1:45 Grandparents Day Social (A.R)
 3:30 Flower Arranging (1-1)

11
Sorry No Recreation Programs

12
 2:00 UKR/ENG
 Cath. Liturgy (C)

13
 10:00 Colouring (R)
 1:45 Yahtzee (B)
 3:30 Animal Visits (1-1)

14
 10:00 Bowling (G)
 2:00 Roman Catholic (C)
 3:30 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)

15
 10:00 Curling (A.R)
 1:45 Bingo (B)
 3:30 Activity Cart (1-1)

16
 10:00 Bean Bag Toss (R)
1:30 Garden Concert with Jukebox Leigh
 6:15 Table Games (G)

17
 10:30 Hymn Sing (A.R)
 1:45 Afternoon Tea (R)
 3:30 Fresh Air Strolls (1-1)

18
 10:00 Balloon Volleyball (B)

19
 2:00 UKR/ENG
 Cath. Liturgy (C)

20
 10:00 Fall Craft (R.R)
 1:45 Card Bingo (B)
 3:30 Doll Therapy (1-1)

21
 10:00 Music with Georgina (G)
 2:00 Ecumenical Service (A.R)
 3:30 Nice Nails (1-1)
 6:15 Sensory Room (1-1)

22
 10:00 Colouring (R)
 1:45 Movie Matinee (H.H)
 3:30 Friendly Visits (1-1)

23
 10:00 Bowling (G)
1:30 Garden Concert with Britz Duo
 3:30 Activity Cart (1-1)
 6:15 Yahtzee (B)

24
 10:30 Hymn Sing (A.R)
 1:45 Table Games (R)
 3:30 Fresh Air Strolls (1-1)

25
Sorry No Recreation Programs

26
 2:00 UKR/ENG
 Cath. Liturgy (C)

27
 10:00 Card Bingo (G)
 1:45 Wii Games (B)
 3:30 Animal Visits (1-1)

28
 10:00 Activity Cart (1-1)
 2:00 Roman Catholic (C)
 3:30 Fresh Air Strolls (1-1)
 6:15 Sensory Room (1-1)

29
 10:00 Music with Georgina (R)
1:45 Oktoberfest Happy Hour (A.R)
 3:30 Friendly Visits (1-1)

30
 10:00 Sensory Room (1-1)
1:30 Birthday Social (A.R)
3:30 Resident Council Meeting (R.R)
 6:15 Table Games (G)

Fall is Here!



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