



St. Michael's  
HEALTH GROUP

St. Michael's Long Term Care Centre

# News & Recreation

## May 2021



Happy  
Mother's  
Day

Happy May! This month we celebrate Victoria Day! Can you find a queen's crown on each page of this newsletter??

Here's what it looks like! —————→



# May Birthdays!

Genevieve M	May 8, 1934
Ted G	May 10, 1929
James C	May 11, 1954
Esther M	May 15, 1941
Joyce E	May 15, 1942
Joanne S	May 16, 1928
Carol Ann K	May 19, 1945
Stefanija J	May 20, 1928
Jeannine S	May 23, 1932
Sheila M	May 23, 1937
Adele G	May 28, 1926
Boro V	May 28, 1937

A decorative graphic for a birthday. The word 'HAPPY' is in large, colorful, block letters (red, blue, yellow, pink) with floral patterns. Below it, the word 'BIRTHDAY' is in similar colorful block letters. The entire text is surrounded by various flowers, leaves, and two butterflies (one orange and black, one white and blue).

[pageborders.org](http://pageborders.org)



# Recreation Therapy

## **Group recreation programs have resumed!**

Please know, we are keeping programs small to minimize risk to residents. We ask that residents attend programs on their own pod as often as possible rather than going to other pods. Our Recreation

Team members are still regularly on the pods having 1-1 visits and doing individual activities with the residents, as well as facilitating family contact calls when not running group programs. Thank you for your understanding as we transition back into a regular program schedule!

## **Mother's Day is coming!**

The Recreation team has been working with our talented and creative residents to make beautiful picture frames for each female resident to be gifted on Mother's Day!

Our recreation staff are working hard to balance programming and continued family contact calls via Skype, Facebook Messenger, FaceTime, and GoogleDuo.

If you are a Designated Family Support Person, have begun having indoor visits with your loved one and would like to decrease or cancel your video calls please contact Meagan in Recreation at [mchapman@smhg.ca](mailto:mchapman@smhg.ca)

## **Upcoming Garden Performances:**

- May 6<sup>th</sup> – Guitar and Singing with Danny
- May 13<sup>th</sup> – Jukebox Leigh
- May 20<sup>th</sup> – Wes and Wendy

These Garden Performances have been arranged in our outdoor spaces for residents to listen to and enjoy from the windows of St. Michael's Long Term Care in order to remain safe with Social Distancing.



# April Highlights







Happy  
Mother's



Day





# Mother's Day Word Search

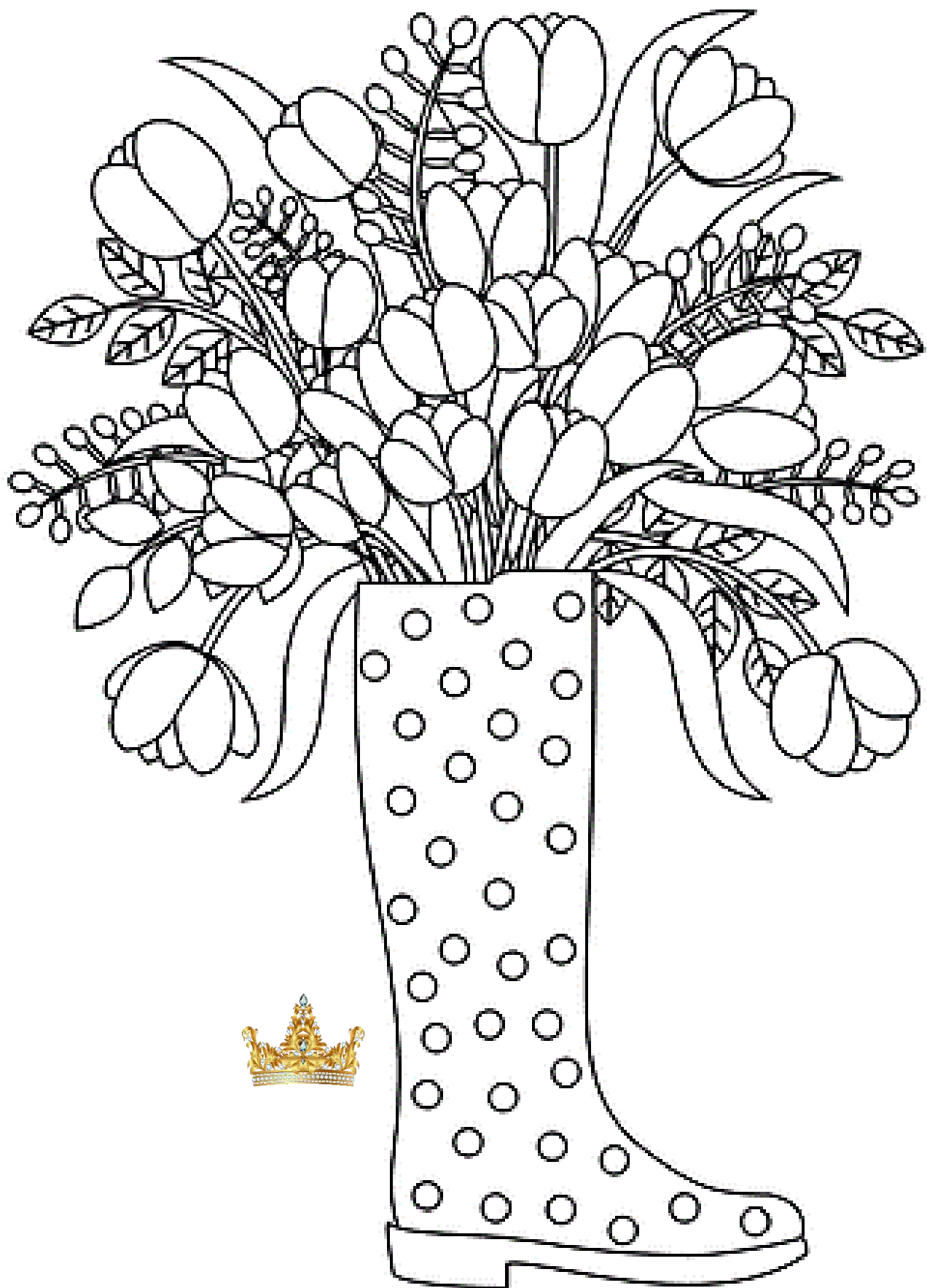
A	O	N	Z	C	N	J	U	A	U	M	C	Y	Y	W
T	P	Z	A	A	E	L	N	R	L	H	L	H	A	E
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H	J	H	R	D	L	R	C	C	M	S	S	Z	N	T
X	T	R	L	E	C	A	O	A	P	W	L	K	U	H
I	E	O	G	B	C	L	F	J	K	L	S	Z	S	O
A	V	R	U	U	A	I	N	E	F	E	Y	E	I	U
E	T	P	H	T	P	G	A	T	I	K	B	X	R	G
G	Y	E	E	S	M	O	M	T	G	U	A	E	S	H
C	Z	Q	M	M	I	F	F	F	E	C	D	L	Y	T
H	V	Y	C	X	S	R	D	E	A	U	W	E	R	F
Y	J	W	C	L	T	R	E	F	T	F	J	B	S	U
G	I	F	T	B	R	V	W	H	Q	E	Y	X	N	L
P	S	R	E	W	O	L	F	M	C	R	D	I	W	C
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APPRECIATE  
CAKE  
CARD  
CHERISH

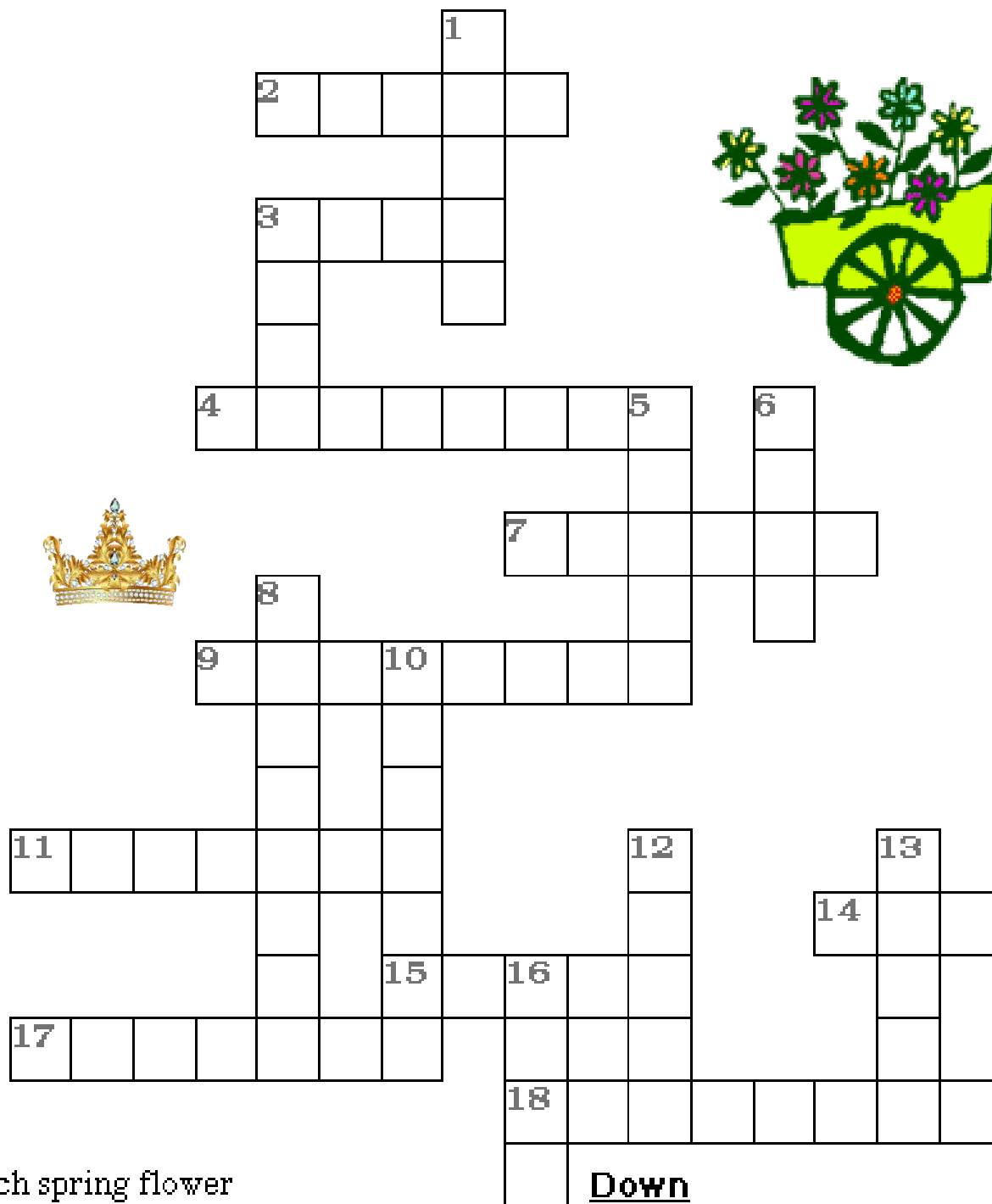
CHOCOLATE  
FAMILY  
FLOWERS  
GIFT

LOVE  
MOM  
SUNDAY  
THOUGHTFUL





# Squigly's Spring Crossword



## Across

2. Dutch spring flower
3. Fast moving air
4. Rain protection
7. A season
9. Yellow spring flower
11. Appears after a rain
14. Spring month
15. Spring bird
17. Small formations of water
18. \_\_\_\_\_ savings time

## Down

1. Winged animals
3. Temperature in spring
5. Spring month
6. Spring month
8. Game played with a bat and ball
10. April showers bring May \_\_\_\_\_
12. Type of weather
13. Spring month
16. The beginning of flowers