




















October 2024

Millennium Pavilion Seniors' Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All residents are welcome to join all the activities in the calendar. All Activities are subject to change. Saturday, Sunday, & most evening programs are volunteer led.</p>		<p>1 9:30 Calorie Crusher 10:30 Card Games 1:30 Fall Decorating 6:15 Bingo</p>	<p>2 9:30 Resident Meeting 10:30 Food Committee Meeting</p>	<p>3 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Darts 2:30 Scattergories 6:15 Bingo</p>	<p>4 9:30 Fit for Life 10:30 Baking 1:00 Pet Therapy (Zoey) 2:00 Thanksgiving Bingo</p>	<p>5 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p> 
<p>6 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p> 	<p>7 9:30 Fit for Life 10:30 Walking Group 1:30 Card Bingo 2:30 Tuck Cart 3:30 Hangman</p> 	<p>8 9:30 Calorie Crusher 11:00-12:00 Grateful Board 2:00 Thanksgiving Social 6:15 Bingo</p>	<p>9 9:00-1:00 Flu Clinic 2:00 Pub Afternoon by Wes & Wendy</p>	<p>10 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Target Golf 2:30 Finding Words 6:15 Bingo</p> 	<p>11 9:30 Fit for Life 1:00 Outing: Art Gallery of Alberta 1:00 Pet Therapy (Zoey)</p> 	<p>12 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p> 
<p>13 10:30 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p> 	<p>14 Thanksgiving Day</p> 	<p>15 9:30 Fit for Life 10:00 The Old Spaghetti Factory 6:15 Bingo</p> 	<p>16 9:30 Fit for Life 10:30 Yahtzee 1:30 Halloween Decorating</p>	<p>17 10:00 Ukr/ENG Catholic Liturgy (8th Floor) 1:30 Balloon Badminton 2:30 Pet Therapy (Gilly) 6:15 Bingo</p>	<p>18 9:30 Fit for Life 10:30 Baking 1:00 Pet Therapy (Zoey) 2:00 Crib tournament</p>	<p>19 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p> 
<p>20 10:30 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p> 	<p>21 9:30 Fit for Life 10:30 Walking Group 1:00 Health Awareness Presentation 2:30 Tuck Cart</p>	<p>22 9:30 Calorie Crusher 10:30 Card Games 1:30 Halloween Craft 3:00 Clue 6:15 Bingo</p>	<p>23 9:30 Fit for Life 10:30 Trouble 2:00 Birthday Party by Jukebox Leigh</p> 	<p>24 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 2:00 Bowling Tournament 6:15 Bingo</p> 	<p>25 9:30 Fit for Life 10:30 Montana's & Value Village 1:00 Pet Therapy (Zoey)</p> 	<p>26 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p> 
<p>27 10:30 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p> 	<p>28 9:30 Fit for Life 10:30 Walking Group 1:30 Card Bingo 2:30 Tuck Cart 3:30 Hangman</p> 	<p>29 9:30 Calorie Crusher 10:30 Card Games 2:00 Halloween Movie & Popcorn 6:15 Bingo</p> 	<p>30 10:00 Pumpkin Carving Contest 2:00 Halloween Social</p> 	<p>31 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Halloween Bingo 6:15 Bingo</p>	<p>All activities are in the 8th floor lounge unless otherwise stated. (H.H.) – Heritage Hall (C) – Courtyard (Chapel) – LTC Chapel (M) - Main Floor</p>	