

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day!	2 9:30 Fit For Life 1:30 Baking 6:15 Bingo	3 9:30 Fit for Life 2:00 New Year's Party by Silver & Gold	4 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Baking	5 9:30 Fit for Life 10:30 Gingerbread Decorating 1:00 Crib Tournament 3:00 Bingo	6 1:15 Bingo 2:30 Manicures
7 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel) 	8 9:30 Fit for Life 1:30 Card Bingo 2:30 Tuck Cart	9 9:30 Fit For Life 1:30 Cards 2:30 Reminiscing 6:15 Bingo	10 9:30 Resident Meeting 10:30 Food Committee Meeting	11 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Hockey (H.H.) 2:30 Hangman 6:15 Bingo	12 9:30 Fit for Life 10:30 Coffee in the Cafeteria 1:15 Bingo 2:30 What's in your Bag?	13 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
14 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel) 	15 9:30 Fit for Life 1:30 Card Bingo 2:30 Tuck Cart	16 9:30 Fit For Life 10:30 Outing: Franco's 6:15 Bingo	17 10:00 Ukr Orthodox Liturgy (8th Floor) 2:00 Birthday Party By Jukebox Leigh	18 9:30 Take Down Christmas Décor (M) 10:00 Ukr/ENG Catholic Liturgy 1:30 Take Down Christmas Décor 2:30 Pet Therapy (Gilly) 6:15 Bingo	19 9:30 Fit for Life 10:30 Coffee in the Cafeteria 1:15 Bingo 2:30 Hangman	20 1:15 Bingo 2:30 Manicures
21 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel) 	22 9:30 Fit for Life 1:30 Card Bingo 2:30 Tuck Cart	23 9:30 Fit For Life 10:30 Outing: Coliseum Steak & Pizza 1:30 Cards 2:30 Reminiscing 6:15 Bingo	24 9:30 Fit For Life 2:00 Moving & Grooving By Troy Gates	25 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:30 Target Golf 2:30 Arts & Crafts 6:15 Bingo	26 9:30 Fit for Life 10:30 Coffee in the Cafeteria 1:00 St. Matthews School Visit (H.H.)	27 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
28 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel) 	29 9:30 Fit for Life 1:30 Card Bingo 2:30 Tuck Cart	30 9:30 Fit For Life 1:30 Health Awareness Presentation 2:30 Scrabble 6:15 Bingo	31 9:30 Fit For Life 1:30 Balloon Badminton 2:30 Colouring	All residents are welcome to join any and all of the activities in the calendar. All Activities are subject to change. Saturday, Sunday, & most evening programs are volunteer led. H.H: Heritage Hall M: Main Floor		