

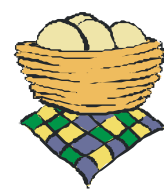




2021-22 Fall – Winter Menu MP Lodge

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 18	Jan 10	Oct 19	Jan 11	Oct 20	Jan 12	Oct 21	Jan 13	Oct 22	Jan 14	Oct 23	Jan 15	Oct 24	Jan 16
	Nov 15	Feb 7	Nov 16	Feb 8	Nov 17	Feb 9	Nov 18	Feb 10	Nov 19	Feb 11	Nov 20	Feb 12	Nov 21	Feb 13
	Dec 13	March 7	Dec 14	March 8	Dec 15	March 9	Dec 16	March 10	Dec 17	March 11	Dec 18	March 12	Dec 19	March 13
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Cream of Wheat Toast Fruit Fried Eggs <i>or</i> Cold Cereal	Oatmeal Cereal Toast Fruit Sausages <i>or</i> Cold Cereal	Oat Bran Cereal Toast Fruit Scrambled Eggs <i>or</i> Cold Cereal	Corn Meal Cereal Toast Fruit Grilled Bacon <i>or</i> Cold Cereal	Cream of Wheat Toast Fruit Blueberry Pancakes <i>or</i> Cold Cereal	Oatmeal Cereal Toast Fruit Assorted Danish <i>or</i> Cold Cereal	Oat Bran Cereal Cheese Omelets Toast Fruit <i>or</i> Cold Cereal							
Lunch														
Entree	Pulled Pork on a Whole Wheat Bun Garden Salad <i>or</i> Assorted Sandwiches	Battered Cod French Fries Coleslaw Tossed Salad <i>or</i> Assorted Sandwiches	Chicken Salad in a Home Baked Croissant Caesar Salad Herring <i>or</i> Assorted Sandwiches	Vegetarian Chili Mixed Vegetables Garlic Toast Garden Salad <i>or</i> Assorted Sandwiches	Cabbage Rolls Kovbasa California Vegetables Pickled Beets Cucumber Salad <i>or</i> Assorted Sandwiches	Chicken Fingers Pickles Potato Salad <i>or</i> Assorted Sandwiches	Chicken Breast stuffed w Cheese & Broccoli Garlic Bread Caesar Salad <i>or</i> Assorted Sandwiches							
Dessert	Sliced Peaches	Butterscotch Pudding	Ice Cream	Fruit Cocktail	Rice Krispy Squares	Watermelon Slices	Diced Peaches							
Soup	Tomato	Chicken Vegetable	Borshch	Tortilla Soup	Mushroom	Beef Barley	Split Pea							
Supper														
Entrée	 Beef Meatloaf and Mushroom Sauce Mashed Potatoes Asparagus Cucumber Salad	 Chicken Bites w Ginger Sauce Egg Noodles Peas Quinoa salad	Tomato Baked Pork Chop Parsley Potatoes Fresh Cauliflower Florets Spinach Salad	Beef Stew Mashed Potatoes Green Beans Shredded Carrot Salad	Baked Haddock Mashed Potatoes Carrot Coins Garden Salad Entrée 2 Breaded Chicken	 Grilled Ham Steak Steamed Potatoes Zucchini Tomato Salad	Shepherd's Pie Yellow Beans Tossed Salad							
Dessert	Berry Crumble	Peach Crisp	Coconut Cinnamon Rice Pudding	Apple Pie	Trifle	German Chocolate Cake	Banana Cake							
PM/HS Snack	Cookies	Yogurt	Bon Ton Special	Blueberry Coffee Cake	Mini Cinnamon Bun	Cheese & Crackers	Fruit Bread							
Condiments	• Bread • Buns • Margarine •													

Soup & Dessert May Change Without Notice