

Newsletter

April 2021



A message from the Activities Convener...

Hello all,

We are scheduled for our second and final Covid-19 Vaccine this month! Be sure to look out for more information as we get closer to the date. If you would like to do virtual calls let us know and we will assist you.

Upcoming Events

- Covid-19 Vaccinations
- Easter Party
- Birthday Party
- Arts and Crafts
- Coffee Corner
- Dominoes
- Yahtzee
- Roll-O-Trump
- Pub Afternoon
- Church services
- Hangman
- Brain Games
- Card Games
- Wii Games
- Colouring
- Tuck Cart

Last month we were so excited to receive our first dose of the Covid-19 vaccine and continued to do group activities. At our Saint Patrick's party we wore some green props and shared some laughs. Also, we celebrated Daria's (Director, Fund Development & communications) retirement by having a party and making a card for her.

This Month: Don't miss the party for Easter we will be having a competition with some prizes! If you have a birthday in January, February, March, April, or May come out to the birthday party this month to celebrate! There are limited spaces available for activities. If you want to be guaranteed a spot please sign up. Have a look at your recreation calendar and our new signup sheets posted in the 8th floor recreation board for all the details.

-Nicholle Lloyd

Did you know...?

Teeth Health

Keeping our teeth healthy as we age is as important as ever. Whether you're entering your golden years or have an older loved one who needs help with their oral health, consider these five things that can have an impact on your teeth.

- Dry Mouth
- Wear & Tear
- Disease
- Root Decay
- Smoking

Source: Smile Guide

<http://www.smileguide.com/dental-care-for-seniors/>

For more information, visit your local dentist.

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*Stay
safe &
enjoy
spring*



April Birthdays

Teresa S. April 1

Reta C. April 9

Giacinta D. April 29

Mary C.

Did you know?

If you miss a residents meeting, you can see what was said by looking on the bulletin board at the entrance to the dining room.

Your Safety

While in our building, the safety of our residents, staff, family, visitors and volunteers is very important to us. Should you notice something that you think is unsafe, or should you experience an incident where your safety was compromised, please complete a Concerns Resolution Form and take it to the Manager. The Manager will investigate your concern and will follow up with you.

These forms can be found in a binder on the main floor, next to the sign in/out book.

Photo Gallery



Residents enjoyed making their St. Patrick's craft!



Residents celebrating St. Patrick's Day with a party!



Residents wished Daria a happy retirement!

Have Great Days