

Newsletter

April 2022



HAPPY
EASTER

A message from the Activities Convener...

Hello all,

If you would like to do virtual calls let us know and we will assist you. If you want to use the iPad between 9am-4:00pm Monday-Friday ask Nicholle. Last month we were able to have some small group activities which we all welcomed. We were able to come together for some exercise and test our luck at bingo. At the end of the month, we were back to regular programming.

This month we will have a variety of programming including Easter eggs, craft, and scavenger hunt! Have a look at your recreation calendar for all the exciting programs for the month.

Staff showed their support for Ukraine during these difficult times. Let us stand together for peace for all.

-Nicholle Lloyd



Upcoming Events

- Easter Eggs
- Scavenger Hunt
- Easter Craft
- Jeopardy
- Colouring
- Active Games
- Guess the Price
- Reminiscing
- Bingo
- Fit for Life
- Movie Night
- Brain Games
- Pet Therapy
- Bingo
- Hangman
- Baking
- Cards
- Tuck Cart
- Fit for life
- Church Services
- Birthday Party
- Pub Afternoon
- Manicures
- Board games

**Stay safe & enjoy
Spring
Everyone!!!**

Did you know...?

What is Advance Care Planning?

Advance care planning is a way to help you plan and document your wishes for the type of healthcare you want now and in the future. Advance care planning is a process where you do the following:

- Think about values and wishes for medical treatments you may or may not want.
- Talk about your healthcare goals.
- Make a plan that reflects your values and wishes.
- Put your plan in writing (document your plan)

Source: MyHealth.Alberta.ca

For more information visit: MyHealth.Alberta.ca or speak to your health care professional.

Word Search: April Showers

R S K T U M G Z A T U Y I Q J
 C S K W X G R D M R W R H D H
 D X U Q F X B O E N D C P J T
 N P R E C I P I T A T I O N H
 E V G T F R F H X S D B J A U
 Z L I X A L H Y C Y X D P L N
 Q P Z I R U O P N W O D I T D
 S B N Z X X N O J I Z G V S E
 V Y W T I C O I D N H C H I R
 L F Z J D R X P D T X Y A M S
 E T Z S N J D N N I Q K X Z T
 N A G B S P R I N K L E Z D O
 N L I A H S N R K M J D T D R
 E T O U W G U G A U F X E F M
 J V Q I O P B L R G W C W D N

Find the words in the puzzle.

Words can go in any direction.
Words can share letters as they cross over each other.

Downpour
 Drizzle
 Flood
 Hail
 Lightning
 Mist
 Precipitation
 Rain
 Spit
 Sprinkle
 Storm
 Thunderstorm
 Wet

Did you know?

There is a sign in/out binder for residents in the front lobby. By signing in/out staff will know if you are in the building in case of an emergency.

Your Safety

While in our building, the safety of our residents, staff, family, visitors and volunteers is very important to us. Should you notice something that you think is unsafe, or should you experience an incident where your safety was compromised, please complete a Concerns Resolution Form and take it to the Manager. The Manager will investigate your concern and will follow up with you.

These forms can be found in a binder on the main floor, next to the sign in/out book.



March Birthdays

Thomas M. April 7
 Reta C. April 9
 Ron H. April 13
 Amalijah B. April 16
 Laura B. April 25
 Giacinta D. April 29
 Mary C.

Have Great Days