

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30 Fit for Life <b>2:00 Moving &amp; Grooving by Troy Gates</b> 3:30 Social Committee Meeting	<b>2</b> 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 2:00 Roll-o-Trump 3:30 Choir Meeting 6:15 Bingo	<b>3</b> 9:30 Fit for Life 10:30 Take down Halloween Décor 1:15 Bingo 2:30 Cards	<b>4</b> 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
<b>5</b> 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel) <b>(daylight saving)</b>	<b>6</b> 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart	<b>7</b> 9:30 Fit for Life 1:15 Health Awareness Presentation 2:30 Hangman 6:15 Bingo	<b>8</b> 9:30 Resident Meeting 10:30 Food Committee Meeting <b>1:30 Remembrance Day Service (H.H.)</b>	<b>9</b> 9:30 Fit for Life 10:30 Pet Therapy (Gilly) <b>1:30 Bowling Tournament with LTC (H.H.)</b> 6:15 Bingo	<b>10</b> 10:00 Baking 2:00 Crib Tournament	<b>11</b> 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
<b>12</b> 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)	<b>13</b> <b>No Activities</b>	<b>14</b> <b>10:00 Outing: Tim Horton's, Dollarama &amp; Walmart</b> 6:15 Bingo	<b>15</b> <b>10:00 Ukr Orthodox Liturgy (8<sup>th</sup> Floor)</b> 10:00 Main Floor Christmas Decorating 1:30 8 <sup>th</sup> Floor Christmas Decorating	<b>16</b> <b>10:00 Ukr/ENG Catholic Liturgy (8<sup>th</sup> Floor)</b> 1:00 Christmas Decorating 2:30 Pet Therapy (Gilly) 3:30 Choir 6:15 Bingo	<b>17</b> 9:30 Fit for Life 1:00 Bingo <b>2:00 Social with LTC (H.H.)</b> 3:30 Choir	<b>18</b> 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
<b>19</b> 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)	<b>20</b> 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart	<b>21</b> 9:30 Fit for Life <b>10:30 Outing: Ricky's All Day Grill &amp; Greenland Garden Centre</b> 6:15 Bingo	<b>22</b> 9:30 Fit for Life <b>2:00 Birthday Party by the Britz Duo</b>	<b>23</b> 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 2:00 Darts 3:30 Choir 6:15 Bingo	<b>24</b> 10:00 Baking 1:15 Bingo 2:30 Cards 3:30 Choir	<b>25</b> 10:00 Step to the Music 1:15 Bingo 2:30 Manicures
<b>26</b> 10:00 Step to the Music 11:00 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)	<b>27</b> 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart	<b>28</b> 9:30 Fit for Life <b>10:30 Outing: Olive Garden</b> 3:30 Choir 6:15 Bingo	<b>29</b> 9:30 Fit for Life 1:00 Hockey 2:00 Yahtzee	<b>30</b> 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 2:00 Bean Bag Twister 3:30 Choir 6:15 Bingo	<p><b>All residents are welcome to join any and all of the activities in the calendar.</b>  <b>All Activities are subject to change.</b>  <b>Saturday, Sunday, &amp; most evening programs are volunteer led.</b>  <b>H.H: Heritage Hall</b></p>	