

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>All activities are in the 8th floor lounge unless otherwise stated. (H.H.) – Heritage Hall (C) – Courtyard</p>	<p>All residents are welcome to join any and all of the activities in the calendar. All Activities are subject to change. Saturday, Sunday, & most evening programs are volunteer led.</p>		<p>1 9:30 Fit for Life 10:30 Crazy Eights 2:00 Resident BBQ (C)</p>	<p>2 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p>
<p>3 10:00 Step to the Music 11:00 Cards with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p>	<p>4 10:00 Fit For Life 1:30 Card Bingo</p>	<p>5 9:30 Fit for Life 10:30 Outing: Headquarters Restaurant & Bar 6:15 Bingo</p>	<p>6 9:30 Fit for Life 10:30 Brain Games 2:00 Birthday Party by Jukebox Leigh</p>	<p>7 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:00 Bowling 2:30 Puzzle Masters 6:15 Bingo</p>	<p>8 9:30 Fit for Life 10:30 Concentration 1:00 Health Awareness Presentation 2:30 Roll-O-Trump</p>	<p>9 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p>
<p>10 10:00 Step to the Music 11:00 Cards with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p>	<p>11 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart</p>	<p>12 9:30 Fit for Life 10:30 Baking 2:00 Board Game Café 6:15 Bingo</p>	<p>13 9:30 Resident Meeting 10:30 Food Committee Meeting 1:15 Charades 2:30 Arts & Crafts</p>	<p>14 9:30 Fit for Life 10:30 Pet Therapy (Gilly) 1:00 Crib Tournament at Day Support 6:15 Bingo</p>	<p>15 9:30 Fit for Life 1:00 Outing: McDonalds & Country Drive</p>	<p>16 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p>
<p>17 10:00 Step to the Music 11:00 Cards with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p>	<p>18 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart</p>	<p>19 9:30 Fit for Life 10:30 Baking 2:00 Board Game Café with Grove Manor 6:15 Bingo</p>	<p>20 10:00 Ukr Orthodox Liturgy (8th Floor) 1:30 Balloon Badminton</p>	<p>21 10:00 Ukr/ENG Catholic Liturgy (8th Floor) 1:00 Target Golf 2:30 Pet Therapy (Gilly) 6:15 Bingo</p>	<p>22 9:30 Fit for Life 10:30 Hearts 1:00 Bingo 2:30 Hangman</p>	<p>23 First Day of Fall 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p>
<p>24 10:00 Step to the Music 11:00 Cards with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)</p>	<p>25 9:30 Fit for Life 1:15 Card Bingo 2:30 Tuck Cart</p>	<p>26 9:30 Fit for Life 10:30 Outing: Red Lobster 6:15 Bingo</p>	<p>27 9:30 Fit for Life 10:30 Colouring 2:00 Moving & Grooving by Craig Repchuk</p>	<p>28 9:30 Fit for Life 1:30 Movie (H.H.) 6:15 Bingo</p>	<p>29 9:30 Fit for Life 10:30 Rummy 1:00 Bingo 2:30 Beading</p>	<p>30 Truth and Reconciliation day 10:00 Step to the Music 1:15 Bingo 2:30 Manicures</p>