


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|---|
|  | 1 10:30 Exercises 1:00 Painting Class 6:30 Yahtzee | 2 9:30 Big Brain 10:30 Stretch & Strength 1:00 Bingo 2:30 Music Discovery 6:30 Rummy | 3 10:30 Exercises 1:00 Horse Races 2:30 Balloon Volleyball 6:30 Word Search | 4 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Hymn Sing 3:00 Lutheran Service 6:30 Cribbage | 5 9:30 Tic Toc Time 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Chair Dance 7:45 CPS Singers | 6  9:30 Pet Visit 1:00 Bingo 2:30 Shuffleboard |
| 7  | 8 10:30 Exercises 1:00 Health Presentation-Eye Health 1:30 Bingo with Generation Program Students 6:30 Uno | 9 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Food Reflections Meeting 2:30 Crafts 6:30 Movie Night | 10 10:30 Exercises 1:00 Horse Races 2:30 Floor Shuffleboard 6:30 Sequence | 11 10:15 Catholic Service 10:30 Stretch & Strength 1:00 Mother's Day Tea 3:00 Lutheran Service 6:30 Cribbage | 12 9:30 Tic Toc Time 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour | 13  1:00 Bingo 2:30 Shuffleboard |
| 14  | 15 * No Morning Programs 11:15 Bus Outing-Freson's for Lunch & Shopping 6:30 Movie Night | 16 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Coffee Social 6:30 Uno | 17 *No Morning Programs 1:00 Horse Races 2:30 Shuffleboard Bowling 5:00 Bings Chinese Food Supper 6:30 Crazy 8's | 18 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Singalong 3:00 Lutheran Service 6:30 Cribbage | 19 9:30 Tic Toc Time 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Chair Dance | 20  1:00 Bingo 2:30 Shuffleboard |
| 21  | 22 Victoria Day Holiday No Activity Programs Today | 23 9:30 Fit Minds 10:30 Stretch & Strength 10:00 Planting Day 1:00 Bingo 2:30 Wheel of Fortune 6:30 Word Scrabble | 24 *No Morning Programs 2:00 Horse Races 6:30 Yahtzee | 25 10:30 Celebration of Life Service 1:00 Monthly Birthday Party & Entertainment 3:00 Lutheran Service 6:30 Cribbage | 26 9:30 Tic Toc Time 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour | 27  1:00 Bingo 2:30 Shuffleboard |
| 28  | 29 9-12 Noon-Mobile Voting Station-Provincial Election-Front Lobby 1:00 Bus Outing-Country Drive & Coffee Out 6:30 Dominoes | 30 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 1:30 Beanbag Baseball with Generation Program Students 2:30 Nature Movie 6:30 Indoor Garden Party | 31 10:30 Exercises 1:00 Horse Races 2:30 Mini Golf 6:30 Gin Rummy | For Bus Outings, Please Sign Up on Sign-Up Sheets on Clip Board by Laundry Room. | Please check the white board next to the Manager's office daily for changes to the recreation calendar | For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203 |