## November 2023

## **Grove Manor**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Programs Take Place in the C/D Room Unless Otherwise Posted	For Bus Outings, Please Sign Up on Sign-Up Sheets on Clipboard beside the bulletin board by Laundry Room.	<b>1</b> 10:30 Exercises 11:15 Resident Choir Practice 1:00 Horse Races 2:30 Mini Golf 6:30 Crazy 8's	<b>2</b> 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Hymn Sing 3:00 Lutheran Service 6:30 Card Night	<b>3</b> 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 7:50 CPS Hymn Singers	4 1:00 Bingo 2:30 Shuffleboard
5 FOREN 12 BACKI SET CLOCKS BACK ONE HOUR BEFORE BED SATURDAY NIGHT	<b>6</b> 10:30 Exercises 1:30 Card Bingo with the Grade 8 Generation Program Students 2:45 Wheel of Fortune 6:30 Dominoes	<b>7</b> 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Big Brain 6:30 Uno Card Game	<b>8</b> 10:30 Exercises 11:15 Resident Choir Practice 1:00 Horse Races 2:30 Floor Shuffleboard 6:30 Yahtzee	<b>9</b> 10:15 Catholic Service 10:30 Stretch & Strength 1:00 Afternoon Music 3:00 Lutheran Service 6:30 Card Night	<b>10</b> 10:30 Remembrance Day Service 1:00 Card Bingo 2:30 Happy Hour	11 1:00 Bingo 2:30 Shuffleboard
12	<b>13</b> 10:30 Exercises 11:00 Bus Outing-Boston Pizza for Lunch	<b>14</b> 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Bingo 2:30 Crafts 6:30 Uno Card Game	<b>15</b> 10:30 Exercises 11:15 Resident Choir Practice 1:00 Horse Races 2:30 Shuffleboard Bowling 6:30 Word Scrabble	<b>16</b> 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Singalong 3:00 Lutheran Service 6:30 Card Night	<b>17</b> 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social	18 1:00 Bingo 2:30 Shuffleboard
19	<b>20</b> 10:30 Exercises 1:00 Health Presentation- Falls Prevention 2:30 Comedy Hour 6:30 Dominoes	<b>21</b> 9:30 Fit Minds 10:30 Stretch & Strength 1:30 Bingo with the Grade 8 Generation Program Students 3:00 Grove Manor Resident Social Club Meeting 6:30 Uno Card Game	<b>22</b> 10:30 Exercises 11:15 Resident Choir Practice 1:00 Horse Races 2:30 Darts 6:30 Sorry Board Game	<b>23</b> 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Coffee Social 3:00 Lutheran Service 6:30 Card Night	<b>24</b> * No Morning Programs 1:00 Card Bingo 2:30 Happy Hour 5:00 Bings Chinese Food Special Function-Sign-up Required	25 1:00 Bingo 2:30 Shuffleboard
26	<b>27</b> 9:30 Christmas Decorating 1:00 Bus Outing-Shopping-Walmart 6:30 Christmas Craft and Carols with the Sparks	<b>28</b> 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Christmas Decorating Cont'd 2:30 Paint Class 6:30 Uno Card Game	<b>29</b> 9:30 Catholic Service 10:30 Exercises 11:15 Resident Choir Practice 1:00 Horse Races 2:30 Beanbag Baseball 6:30 Travel Movie	<b>30</b> *No Morning Programs 1:00 Monthly Birthday Party & Entertainment 3:00 Lutheran Service 6:30 Parkland Bell Choir Christmas Concert		For More Information: Please contact Sandy, the Activities Convenor at 780-962-6149, Ext. 203

