



## VEGREVILLE MANOR

5913 - 49 Street, Vegreville

**Like us:** fb.me/VegrevilleManor

### Highlights

Over the last few months, residents of Vegreville Manor have been busy with a variety of events and entertainment. In February, residents participated in "Pink Shirt Day" to support the national anti-bullying initiative.



*Residents were ready for Pink Shirt Day!*

We also had our first annual family games day and open house to celebrate Family Day. Vegreville Manor partnered with Alberta Health Services to offer an onsite walker clinic.

Residents enjoyed going out for lunch to the Old School Diner, Vegreville Train Station and A&W.



*Residents tended to plants prior to our successful Plant Sale*

### Upcoming Events

**June 4** – Vegreville Manor's Angel Walk  
**June 6** – Senior's Week Celebration and Social  
**June 16** – Father's Day Social  
**June 29** – Cultural Luncheon for Canada 150  
**July - TBA** – Bus Trip  
**July - TBA** – Canada 150 Celebration and Event  
**August 10** – Vegreville Fair/Parade  
**August - TBA** – Bus Trip  
**September 15** – Vegreville Manor's 15 Year Anniversary Celebration and Annual BBQ

### Outings and Past Events

**May 13** – Mother's Day Tea and Plant Sale  
**April 27** – Volunteer Appreciation Social  
**April 15** – Basket Blessings for Easter  
**March 17** – St. Patrick's Day Social with Country Gold  
**February 22** – Pink Shirt Day  
**February 14** – Valentine's Day Social and Contest  
**January 7** – SICH Kolomea Ukrainian Carolers



## GROVE MANOR

600 King Street, Spruce Grove

**Like us:** fb.me/GroveManor1

### Highlights

During the winter months Grove Manor residents went on outings to two different IMAX Movies at the Telus World of Science and to the Yellowhead Casino. All enjoyed the opportunity to get out and about.

In February, cribbage players gathered for a very competitive crib tournament.

Residents have also enjoyed an Indoor Beach Day Party in March which was held to brighten up the day from the winter weather outside. It was a fun afternoon of activities and great picnic food.



*Resident from the Grove Manor Ladies Group selling tickets for the Easter Raffle*

A successful Easter Raffle and a Mother's Day Tea fundraiser was held by the Grove Manor Ladies Group. All proceeds raised from the events went to offset the cost of resident charges for bus outings. This group of ladies work hard throughout the year and their efforts are appreciated by all residents of Grove Manor.

Grove Manor volunteers were honored at the Volunteer Appreciation Lunch held in April. Our Volunteers are such an integral part of life at Grove Manor and appreciated by all our residents, their families and staff.

### Upcoming Events

**May 25** – Armchair Travels (China)  
**June 15** – Father's Day BBQ and Raffle  
**July 13** – Picnic at Stony Plain Rotary Park  
**August 11** – 50's Dance and Vintage Car Rides  
**September 14** – Picnic at Devon Campground

### Outings and Past Events

**May 11** – Mother's Day Tea and Fundraiser  
**April 19** – Volunteer Appreciation Social  
**March 2** – Beach Day Party  
**February 22** – Cribbage Tournament  
**January 30** – Imax Movie



## ST. MICHAEL'S LONG TERM CARE CENTRE

7404 - 139 Avenue, Edmonton

**Like us:** fb.me/www.smhg.ca

### Highlights

In February, residents took part in bowling at the Bonnie Doon Bowling Alley and this has become a regular winter activity for us. One resident who lives in the facility used to belong to the Bowling League and has reconnected with his old teammates.

In April, residents went on an annual outing to the Pink Elephant Society Potluck and Concert for the Easter Season, where they enjoyed traditional Ukrainian Food, and listened to a children's choir performance.

Robotic Cats were recently purchased and they are designed to bring comfort, companionship and fun to our residents. They have realistic fur, pet-like sounds and sensors which respond to petting and hugs. Robotic Pets deliver a soothing, joyful experience that inspires smiles, laughter and fond memories for people for all ages.

Also, budgie birds were recently purchased. The budgies live on the units with the residents to give them more companionship. Residents currently visit the budgies hourly to watch them move and sing in their cages.



*Residents are loving the new budgies in the long term care centre*

### Upcoming Events

**May 25** – Entertainment with Ron K  
**June 1** – Entertainment with Runaway Train  
**June 22** – Entertainment with Dwayne Cannon  
**July 11** – 1st Floor Resident and Family BBQ  
**July 12** – 2nd Floor Resident and Family BBQ  
**July 13** – Entertainment with The Casuals  
**July 27** – Entertainment with Wes and Wendy  
**August 22** – 1st Floor Resident and Family BBQ  
**August 23** – 2nd Floor Resident and Family BBQ  
**August 25** – Entertainment with Dwayne Cannon  
**September 14** – Entertainment with Shawn

### Outings and Past Events

**May 2** – Ukrainian Dance Group  
**April 18** – Kensington Bingo  
**April 13** – Easter Social  
**March 16** – St. Patrick's Day Party  
**March 3** – Visit to the Muttart Conservatory  
**February 16** – Jane's 102 Birthday Party  
**February 14** – Valentine's Day Social  
**January 9** – Ukrainian Choir

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St. Michael's Health Group  
7404 - 139 Avenue  
Edmonton, Alberta T5C 3H7



## MILLENNIUM PAVILION SENIORS' LODGE

7408 - 139 Avenue, Edmonton

**Like us:** fb.me/MillenniumPavilionSeniorsLodge

### Highlights

The New Year at Millennium Pavilion has been full of fun activities! The residents have enjoyed multiple visits with elementary students from Ann Fitzgerald School.

The students sang, read books, played games and painted pictures with the residents. The residents left each visit with huge smiles on their faces!

We had our first Dance Night in February and it was a blast! The residents danced the night away and didn't want the night to end! We also brought back the baking program in March. The residents have been baking up a storm and creating very delicious treats!



*Resident and Ann Fitzgerald School student creating together*

### Upcoming Events

**May 19** – Arm Chair Travel (Hawaii)  
**May 30** – Visit to the Legislature  
**June 8** – Visit to the Muttart Conservatory  
**June 16** – Father's Day Ice Cream Social  
**June 21** – Popsicles in the Park  
**July 4** – Country Drive  
**July 18** – Visit to the Ukrainian Village  
**August 10** – Rockin' August Car Show  
**August 22** – Red Robin's

### Outings and Past Events

**May 12** – Tomato and Hot Dog Sale  
**May 11** – Mother's Day Tea and Spa  
**April 29** – Millennium Pavilion Choir Performance  
**April 13** – Easter Tea Social  
**March 16** – Telus World of Science  
**February 13** – Visit from Ann Fitzgerald School Students  
**January 6** – Ukrainian Christmas Celebration



SPRING 2017 ISSUE

Saying Goodbye  
And Good Luck!

# CARING AND SHARING

News Achievements Products Programs Plans

# 102 Years Young!

## A Special Celebration For Jane

On Monday March 13th, Jane McIntyre, a resident of our long term care centre, enjoyed a special outing to celebrate and recognize her 102nd birthday.

On the invitation of Chris Nielsen, MLA for Edmonton-Decore, Jane along with members of her family were special guests attending a sitting of the Legislative Assembly of Alberta.

During his statement to all MLA's with the McIntyre family looking on, Mr. Nielsen read a brief history of Jane's achievements throughout her life as he introduced her to the members of Legislative Assembly.

This was Jane's first visit to the Legislative Building, supported by St. Michael's Long Term Care Centre staff and volunteers. Her family was very grateful for the opportunity to see their mother, grandmother and great-grandmother honoured in this way.

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.....and more



Follow Us On Twitter: @smhg #StMichaelsHealthGroup

Contact St. Michael's: Tel: 780.473.5621 Fax: 780.472.4506 Toll Free: 1.800.472.6169 Email: smeccs@smhg.ca Website/Facebook: www.smhg.ca







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\*Items not always available.

## Saying Goodbye And Good Luck!

After 11½ years with St. Michael's, Stan C. Fisher, President & CEO, will be retiring effective June 1, 2017. An open competition to fill this role is underway, led by a selection committee of St. Michael's Board of Directors.

"It has been an honour to serve our seniors population in our society. I have learned a great deal in my time here, have seen many changes in care, have seen phenomenal and positive growth in staff and volunteers, and made many new friends and community contacts. I was also privileged to work with one of the best Board of Directors of a not-for-profit organization one could wish for. From my wife Gail and I, we wish St. Michael's the very best for a bright future."

- Stan C. Fisher



While we are sad to see Stan leave the organization, we are thrilled he can now enjoy many other adventures with his wife, and we know that St. Michael's has benefited significantly from Stan's leadership and vision. We all wish him many happy and healthy years of retirement!



Stan Fisher and a LTCC resident enjoying a moment

## We Serve The Risen Savior



Blessing the baskets and residents at the Easter Pastoral service

Risen Savior." This truth brings hope and peace as we gather to anoint the sick, pray with family members and hold the hands of those nearing end of life; it is celebrated each week in the Liturgy and Mass as we gather in worship. Our hope is eternal. We are reminded in *Romans 8:11* that the spirit of him who raised Jesus from the dead is living in us! Everyday we can lay down our flawed existence and God graciously restores us. It is life giving each year to take the time to remember the sacrifice of our Lord that won this victory for us. On Holy Thursday we had a special service for the Laying of the Shroud and on Holy Saturday Ukrainian Orthodox and Ukrainian Catholic priests celebrated by blessing the Pascha and the baskets of food in anticipation of our Easter morning celebrations. The Lord is risen! He is risen indeed!

Pastor Milton  
Pastoral Care Coordinator

## Thankful To Have Students At St. Michael's

The start of 2017 continued the St. Michael's tradition of diligently training and providing an educational environment for soon to be Health Care Attendants (HCAs).

From January to May, St. Michael's Long Term Care Center had approximately 60 students arduously learning skills and earning hours before graduation. March was the busiest month for HCAs; we had three groups begin their placement.

Before the HCA students start training in resident care, they are given a short orientation and then a tour through the facility. Students are always excited and enthusiastic to start hands on learning. St. Michael's provides a diverse learning experience for those health care providers interested in older adult care. We are always appreciative and thankful to have students working and learning in this facility.



Students with a LTCC resident

## Anti-Bullying "Pink Shirt Day"



Group photo supporting anti-bullying

St. Michael's at all its sites has a poster which reads "St. Michael's has a ZERO TOLERANCE POLICY with respect to abuse of Residents, Employees, Volunteers or Visitors".

## Long Service Awards - Honouring 41 Employees - WOW

On January 21 this year, we celebrated the outstanding commitment of our employees at our annual Long Service Awards. 41 employees were recognized for years of service ranging from 30 years to 5 years, for a total of 470 years just among these individuals! Truly remarkable!

Along with their guests, employees enjoyed an evening of entertainment and a lovely meal at the largest employee recognition event held at St. Michael's. Stan Fisher, President & CEO stated "I view all of our staff as professionals... because a professional is someone who can do his or her best work when they may not feel like it. They recognize that their work contributes to a greater mission".

A memorable evening for all, we would like to thank all the Award Recipients and employees for all you do on behalf of the Residents entrusted to our care. You make St. Michael's very proud and you are very much appreciated.



St. Michael's award recipients

## Vegreville Manor's Angel Walk



Sunday, June 4, 2017

Vegreville Manor  
5913 - 49 Street

Arrival  
2:30pm

Walk Starts  
3:00pm

Only \$5 to register!  
Call Emily at 780-632-3540

or  
email [angelwalk@smhg.ca](mailto:angelwalk@smhg.ca)  
to sign up or for more  
information

[smhg.ca/angelwalk](http://smhg.ca/angelwalk)

## Diverse - Dedicated - Canadian!



St. Michael's Volunteer Appreciation - Thank you to all our volunteers

The 2017 St. Michael's Volunteer Appreciation evening was a wonderful celebration of our dedicated volunteers, and a celebration of Canada's 150th.

With 200 people present, including President & CEO Stan Fisher and Councilor Tony Caterina, the evening featured a Canadian theme including red & white flowers donated by Kuhlmann's Greenhouse. Entertainment was provided by the very talented and award winning Mattieren Irish Dancers followed by individual recognition of our volunteers based on the truly incredible number of hours they have all committed over the past year.

We cannot do what we do with our volunteers, who are involved in all aspects of St. Michael's operations.

They truly are Diverse - Dedicated - Canadian!

## Kitchen Expansion Project

Visitors to St. Michael's Long Term Care Centre the last couple of months will have noticed some major construction taking place on the SE corner of our building.

We are excited to say that our kitchen expansion project is coming to fruition!

The \$2.4 million project features a 1600 sq. ft. expansion of our kitchen and food service area, along with added storage space and meeting rooms on the lower level.

Ultimately, our goal is to improve the functionality of our kitchen space and have the ability to provide enhanced quality meals for seniors in our care.

The original kitchen is almost 40 years old and long past due for this upgrade. The project is partially funded with a grant from AHS, but we are also needing to raise an additional \$1.35 million for this project.

We welcome all donations and if you would like to learn more about the project and how you can help, please contact Daria at 780-472-4791 or [dluciw@smhg.ca](mailto:dluciw@smhg.ca)



Above: Artist's rendering

Below: Project site as of May 11, 2017



## Your Support Makes a Difference to our Residents



Your donation or monthly gift will bridge the gap between what we receive funding for and the needs we have to be the best at what we do.

Thank you to all our donors who continue to support St. Michael's! Our work to provide the best quality of life possible for St. Michael's residents can only happen because of donors like you.

**Thank You!**

Please return this form with your donation.

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