

2023 Spring- Summer Menu (Residents Only)

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	May 1 May 28 Jun 26	Jul 24 Aug 21 Sep 18	May 2 May 29 Jun 27	Jul 25 Aug 22 Sep 19	May 3 May 31 Jun 28	Jul 26 Aug 23 Sep 20	May 4 Jun 01 Jun 29	Jul 27 Aug 24 Sep 21	May 5 Jun 02 Jun 30	Jul 28 Aug 25 Sep 22	May 6 Jun 03 Jul 01	Jul 29 Aug 26 Sep 23	May 7 Jun 04 Jul 02	Jul 30 Aug 27 Sep 24
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast 	Oat Bran Cereal Bacon Egg and Cheese Tart Toast or Cold Cereal	Cream of Wheat Cereal Fruit French Toast Sausage or Cold Cereal	Cornmeal Cereal Toast and Fruit Boiled Eggs or Cold Cereal	Oatmeal Cereal Toast and Fruit Mini Pancakes and Yogurt Cold Cereal	Cream of Wheat Cereal Toast and Fruit Grilled Bacon or Cold Cereal	Oat Bran Cereal Toast and Fruit Scrambled Eggs or Cold Cereal 	Oatmeal Cereal Toast Cheese slice Fresh Fruit or Cold Cereal							
Lunch														
Entree	Beef Pot Roast on a Brioche Bun Tossed Salad or Assorted sandwiches	Macaroni and Cheese with Italian Sausage Mixed Vegetables or Assorted sandwiches	Chili Con Carne Garlic Bread Caesar Salad or Assorted sandwiches	Chicken Quesadilla Rice and Corn or Assorted sandwiches	Hamburger Tomato, Lettuce & Onions and Fries Caesar Salad or Assorted sandwiches	Teriyaki Chicken Wings Potato Salad Mixed Vegetables or Assorted Sandwiches	Quiche with Ham & Cheese Garden Salad or Assorted sandwiches							
Dessert	Canned Pears	Ice Cream	Assorted Desserts	Vanilla Pudding	Seasonal Berries	Butterscotch Ice Cream	German Chocolate Cake							
Soup	Ground Beef & Tomato	Cream of Mushroom	Navy Bean Soup	Garden Vegetable Soup	Spring Borshch	Chicken Rice	Cream Butternut Squash							
Supper														
Entrée <i>*Alternative entrée</i>	Baked Salmon Fillet With a Herb Crust Sea Shell Pasta Peas Garden Salad <i>Meatballs & Gravy*</i>	Turkey Meatballs Basil Tomato Sauce Carrot Baton Egg Noodles Tossed Salad <i>Pork Cutlet*</i>	Maple and Mustard Roasted pork Loin Whipped Potatoes Broccoli Florets Caesar Salad <i>Liver & Onions*</i>	Southern Baked Chicken California Vegetables and Mashed Potatoes <i>Chicken Burger*</i>	Tavern Battered Haddock California Vegetables Parsley Potatoes Pasta Salad <i>Vegetable Lasagna*</i>	Beef & Vegetable Stir Fry Steamed Rice Turnip Tomato Salad <i>Roast Turkey*</i>	Roast Turkey with Gravy Whipped Potatoes Glazed Minted Carrots Spring Mix Salad <i>Poached Sole*</i>							
Dessert	Oranges	Watermelon	Fudge Cake	Lemon Tart	Blueberry Crisp	Jello	Lemon Pie							
PM/HS Snack	Fruit Loaf	Mini Cupcakes	Cinnamon Bun	Fresh Banana	Mini Croissant	Yogurt	Assorted Danish							
Condiments	• Bread • Buns • Margarine •													

Gravy With All Meals –Soup And Dessert May Change Without Notice