	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
SMHG	Mar 18 Apr 15 May 13	Jun 10 Jul 08 Aug 05	Mar 19 Apr 16 May 14	Jun 11 Jul 09 Aug 06	Mar 20 Apr 17 May 15	Jun 12 Jul 10 Aug 07	Mar 21 Apr 18 May 16	Jun 13 Jul 11 Aug 08	Mar 22 Apr 19 May 17	Jun 14 Jul 12 Aug 09	Mar 23 Apr 20 May 18	Jun 15 Jul 13 Aug 10	Mar 24 Apr 21 May 19	Jun 16 Jul 14 Aug 11
Beverages					•	Tea • Coffee	• Lactaid •	Fruit Juice • E	Buttermilk •					
Breakfast	Oatmeal Cereal French Toast and Yogurt Or Cold Cereal		Cornmeal Cereal Fried Eggs Toast and Fruit or Cold Cereal		Cream of Wheat Bacon Toast and Fruit or Cold Cereal		Oatmeal Cereal Toast Cheddar Cheese and Sausage Bake or Cold Cereal		Oat bran Cereal Toast and Fruit Waffles and Yogurt or Cold Cereal		Cornmeal Cereal Toast and Fruit Scrambled Eggs or Cold Cereal		Cream of Wheat Toast Turkey Sausage or Cold Cereal	
Lunch														
Entree	Grilled Cheddar Sandwich Caesar Salad or Assorted Sandwiches		Turkey Swiss on Rye Fresh Vegetables or Assorted Sandwiches		Chicken Salad Wrap Greek Salad or Assorted Sandwiches		Hamburger Tomato and Onion on a Brioche Bun, Tossed Salad Fries or Assorted Sandwiches		Nalysnyky/Sour Cream Kobasa Beets or Assorted Sandwiches		BBQ Pulled Beef on a Brioche Bun Tossed Salad or Assorted Sandwiches		Beer Battered Cod Potato Wedges Carrots and Peas or Assorted Sandwiches	
Dessert	Fresh Seasonal Fruit		Jell-O		Fresh	Berries	Ice Cream Vanilla Caramel Cake		Sliced Peaches		Bananas			
Soup	Lentil		Butternut Squash and Coconut		Tomato ar	id Spinach	Spinach Cream of Cauliflower		Tortilla	Soup	Minestrone		Chicken Noodle	
Supper		<u> </u>					-						,	
Entrée *Alternative entrée	Tomato Basil Chicken Breast Rice PEI Mixed Vegetables Tomato and Cucumber Salad Pork Chops*		Cranberry Stuffed Pork Ioin Roast Potatoes Californian Vegetables Quinoa Chicken Pot Pie*		Beef Pot Roast Whipped Potatoes Broccoli Florets Ambrosia Salad Sole Fillets *		BBQ Pork Ribs Mashed Potatoes Buttered Squash Caesar Salad Roast Beef*		Grilled Salmon with Cream and Dill Rice PEI Mixed Vegetables Coleslaw Hot Corned Beef*		Chicken Cordon Bleu Mashed Potatoes Italian Mixed Veg Tomato and Cucumber slice Turkey Sausage*		Roast Beef /Gravy Whipped Potatoes California Vegetables Mixed Salad Poached Sole*	
Dessert	Carrot	Cake	Trif	fle	Chocola	te Cake	Caram	el Cake	Assorted	Desserts	Pump	kin Pie	Strawberry	Ice Cream
PM/HS Snack	Fruit	Loaf	Fresh B	Banana	Assorted N	Iini Danish	Mini I	Muffin	Fresh	Fruit	Yog	jurt	Pudo	ding
Condiments						• B	read • Buns	• Margarine	•					