|  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |  | SATURDAY |  | SUNDAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SMHG | Mar 18 Apr 15 May 13 | Jun 10 <br> Jul 08 <br> Aug 05 | Mar 19 Apr 16 May 14 | $\begin{gathered} \text { Jun } 11 \\ \text { Jul } 09 \\ \text { Aug } 06 \end{gathered}$ | Mar 20 Apr 17 May 15 | $\begin{gathered} \text { Jun } 12 \\ \text { Jul } 10 \\ \text { Aug } 07 \end{gathered}$ | Mar 21 Apr 18 May 16 | $\begin{gathered} \text { Jun } 13 \\ \text { Jul } 11 \\ \text { Aug } 08 \end{gathered}$ | Mar 22 <br> Apr 19 <br> May 17 | $\begin{gathered} \text { Jun } 14 \\ \text { Jul } 12 \\ \text { Aug } 09 \end{gathered}$ | Mar 23 <br> Apr 20 <br> May 18 | $\begin{aligned} & \text { Jun } 15 \\ & \text { Jul } 13 \\ & \text { Aug } 10 \end{aligned}$ | $\begin{aligned} & \text { Mar } 24 \\ & \text { Apr } 21 \\ & \text { May } 19 \end{aligned}$ | Jun 16 Jul 14 Aug 11 |
| Beverages | - Tea - Coffee - Lactaid - Fruit Juice - Buttermilk - |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breakfast | Oat Fren Co | Cereal ast and rt <br> real | $\begin{gathered} \text { Cornm } \\ \text { Frie } \\ \text { Toast } \\ \text { Cold } \end{gathered}$ | Cereal ggs Fruit real | Cream Toast Cold | Wheat <br> Fruit <br> eal |  |  |  | Cereal Fruit Yogurt <br> real |  | Cereal <br> Fruit <br> Eggs <br> eal |  | Wheat usage real |
| Lunch |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Entree | $\begin{gathered} \text { Grille } \\ \text { Sa } \\ \text { Caes } \\ \text { Assorted } \end{gathered}$ | heddar ich Salad <br> ndwiches | Turkey Fresh Assorte | s on Rye etables <br> ndwiches | Chicken Gree Assorted | ad Wrap alad <br> dwiches | Hamburg Onion on Toss <br> Assorted | mato and oche Bun, alad <br> dwiches | Nalysnyk <br> Assorted | ur Cream a <br> dwiches | $\begin{aligned} & \text { or } \\ & \text { Assorted Sandwiches } \end{aligned}$ |  | $\begin{gathered} \text { or } \\ \text { Assorted Sandwiches } \end{gathered}$ |  |
| Dessert | Fresh S | nal Fruit | Jell-O Fr |  |  | Fresh Berries | Ice Cream |  | Vanilla | mel Cake | Sliced Peaches |  | Bananas |  |
| Soup | Lentil |  | Butternut Squash and Coconut |  | Tomato and Spinach |  | Cream of Cauliflower |  | Tortilla Soup |  | Minestrone |  | Chicken Noodle |  |
| Supper |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Entrée <br> *Alternative entrée | Tomato Basil Chicken <br> Breast Rice <br> PEI Mixed Vegetables <br> Tomato and Cucumber Salad Pork Chops* |  | Cranberry Stuffed Pork loin <br> Roast Potatoes Californian Vegetables Quinoa <br> Chicken Pot Pie * |  | Beef Pot Roast Whipped Potatoes Broccoli Florets Ambrosia Salad sole Fillets * |  | BBQ Pork Ribs Mashed Potatoes Buttered Squash Caesar Salad Roast Beef $f^{\prime \prime}$ |  | Grilled Salmon with <br> Cream and Dill Rice <br> PEI Mixed Vegetables Coleslaw $\qquad$ Hot Corned Beef* |  | Chicken Cordon Bleu Mashed Potatoes Italian Mixed Veg Tomato and Cucumber slice <br> Turkey Sausage* |  | Roast Beef /Gravy Whipped Potatoes California Vegetables Mixed Salad $\qquad$ <br> Poached Sole* |  |
| Dessert | Carrot Cake |  | Trifle |  | Chocolate Cake |  | Caramel Cake |  | Assorted Desserts |  | Pumpkin Pie |  | Strawberry Ice Cream |  |
| PM/HS Snack | Fruit Loaf |  | Fresh Banana |  | Assorted Mini Danish |  | Mini Muffin |  | Fresh Fruit Yogurt |  |  |  |  |  |
| Condiments | - Bread - Buns - Margarine - $<$ R |  |  |  |  |  |  |  |  |  |  |  | Pudding |  |

