



### VEGREVILLE MANOR

5913 - 49 Street, Vegreville

**Like us:** fb.me/VegrevilleManor

#### Highlights

What an exciting summer here at Vegreville Manor. Summer started with a kick off to Seniors Week in June, with our 1st Annual Vegreville Manor's Angel Walk, where we raised over \$6000.00 for our courtyard enhancement project.

With 64 registrant's, including residents, family, friends, and several community teams the event was a success! Residents have kept very busy with tending to the garden and picking cherries from our fruit trees amongst our regular activities.

There were several events over the summer that residents hosted such as: a Father's Day Social, Canada 150 Cultural Luncheon, and a community CNIB presentation which were enjoyed by all. Another fun highlight was a Northeast bus trip which provided a great getaway for the day. We travelled from Vegreville to Vilna to see the giant mushrooms, with a stop in St. Paul at the UFO landing pad. We then had lunch at Two Hills with ice cream. It was a beautiful way to take in all the wonderful warm weather.

#### Upcoming Events

**September 22** – Country Drive Bus Trip  
**October 19** – Oktoberfest Celebration  
**October 30** – Personal Touch Fashions Shopping Day  
**October 31** – Halloween Costume Social  
**November 10** – Remembrance Day Ceremony  
**November 17** – Town Christmas Light Up  
**November 26** – Resident and Family Christmas Party  
**December 5** – Community Christmas Social with Harmony Music  
**January 6** – Ukrainian Christmas Eve Dinner

#### Outings and Past Events

**September 15** – 15 Year Anniversary Celebration BBQ  
**August 14** – Hawaiian Day  
**August 10** – Vegreville Fair and Parade  
**July 17** – Northeast Bus Trip  
**June 29** – Canada 150 Cultural Luncheon  
**June 15** – Father's Day Social  
**June 4** – Vegreville Manor's Angel Walk



### GROVE MANOR

600 King Street, Spruce Grove

**Like us:** fb.me/GroveManor1

#### Highlights

During the summer months Grove Manor residents enjoyed many outings and delighted in the sunshine. Their days were filled with activities and companionship that made this summer one to remember.

Two indoor garden party socials were held in July and August during the evenings and residents enjoyed them so much they want these socials to continue into the winter months.

The 50's day dance and theme day was a fun afternoon which ended with vintage car rides for residents who participated. This event is always a favorite.



*Residents gather to delight in a delicious Klondike Day pancake breakfast*

Residents celebrated Canada Day which included a dance and theme day prizes. Many people showed up sporting Canada Day swag and apparel. Good company, food and laughs were had by all. (see cover photo of Grove Manor residents)

Horseshoes and ladder ball were games residents were a hit among residents this season. BBQ's were well attended and the ice cream socials have been growing in popularity. Residents took advantage of this wonderful summer season to the fullest. Fond memories were made.

#### Upcoming Events

**October 5** – Thanksgiving Tea  
**November 10** – Remembrance Day Ceremony  
**December 4** – Christmas Vendor Sale  
**January 15** – Parkland Senior's Fun Night and Dance

#### Outings and Past Events

**September 7** – Entertainment with Wayne O  
**August 28** – Indoor Garden Party  
**July 21** – Klondike Day pancake breakfast  
**July 4** – Picnic at Rotary Park  
**June 29** – Canada Day Dance Party  
**May 29** – Lunch at IHOP



### ST. MICHAEL'S LONG TERM CARE CENTRE

7404 - 139 Avenue, Edmonton

**Like us:** fb.me/www.smhg.ca

#### Highlights

Residents have been taking advantage of the nice weather. The Recreation Therapy Department planned multiple outdoor activities for the summer months. The residents enjoyed the outside as much as possible on a daily basis.

We had two very successful Resident/Family BBQ's in July and August this year with a huge turnout. Entertainment by Larry Begoray on the accordion, delicious hamburgers, hotdogs, pasta salad, watermelon and the sun were enjoyed by all.



*2nd floor annual resident/family BBQ at our long term care centre*

We celebrated birthdays of three centenarians this summer, who turned 104 and 102 with live entertainment and a visit by MLA Chris Neilson. As well, the Recreation Therapy Department and Day Support Program held a Canada Day 150 celebration. The event was filled with games, cake, photo booth, red and white Canadian décor and of course, the singing of the national anthem! Family members and other guests also attended. Everyone shared the cake, music, games and even had their picture taken with the photo booth props to celebrate some Canadian heritage.

#### Upcoming Events

**September 21** – Entertainment with Ron K  
**September 27** – Bonnie Doon Bowling  
**October 12** – Entertainment with Dwayne Cannon  
**October 26** – Halloween Party with Runaway Train  
**November 16** – Entertainment with The Casuals  
**November 23** – Entertainment with Wes and Wendy  
**December 6** – 1st Floor Annual Christmas Party  
**December 7** – 2nd Floor Annual Christmas Party  
**December 9** – Entertainment with The Sharkey Voice Studio Singing Group  
**December 21** – Entertainment with Old Smoothies  
**December 28** – New Year's Eve Party with Dwayne Cannon

#### Outings and Past Events

**August 17** – Ice Cream Social with MLA Chris Neilson  
**August 15** – Wladyslaw's 102nd Birthday Party  
**August 3** – Florence's 104th Birthday Party  
**July 13** – Gladys's 102nd Birthday Party  
**July 12** – 2nd Floor Resident and Family BBQ  
**July 11** – 1st Floor Resident and Family BBQ

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St. Michael's Health Group  
7404 - 139 Avenue  
Edmonton, Alberta T5C 3H7



### MILLENNIUM PAVILION SENIORS' LODGE

7408 - 139 Avenue, Edmonton

**Like us:** fb.me/MillenniumPavilionSeniorsLodge

#### Highlights

This summer at Millennium Pavilion was an exciting one. It started off with an entire kitchen renovation on the 8th floor lounge. We have been putting it to great use baking delicious treats for everyone to enjoy. We also purchased a bread machine, so we have been baking fresh bread every week.

We celebrated senior's week with Hawaiian themed activities, including a fashion show. As well, we had our Canada 150 themed Resident and Family BBQ. It was great to see so many families and friends.

We also visited Horsehill Berry Farm to pick raspberries and make delicious freezer jam. We ended the summer with an Ice Cream Social with our MLA Chris Nielson, a trip to the Ukrainian Village and a BBQ at Hawrelak Park in the river valley.



*Residents picked raspberries and made freezer jam*

#### Upcoming Events

**September 27** – Pub Night  
**October TBA** – TELUS World of Science IMAX Theatre  
**October 31** – Bowling  
**November 10** – Remembrance Day Tea  
**December 1** – Resident and Family Christmas Dinner  
**December TBA** – Visit to Greenland Garden Centre  
**December 29** – New Year's Celebration  
**January TBA** – Tony Roma's

#### Outings and Past Events

**June 13** – Muttart Conservatory  
**July 7** – Resident and Family BBQ  
**August 9** – Berry Farm  
**September 6** – Callingwood Market Shopping



St. Michael's  
HEALTH GROUP

FALL 2017 ISSUE

St. Michael's Welcomes  
New President & CEO!

# CARING AND SHARING

Sacred Moments

Blue Angel Dinner

Site Activities

## Canada 150 Celebrations



The residents at St. Michael's had a lively July celebrating Canada's 150th birthday. Each site commemorated this remarkable occasion in their own unique style – but with the same enthusiasm and zest. Millennium Pavilion residents had fun celebrating Canada's 150th birthday. In addition to their annual family barbeque, the residents had a dance party that included Canadian-themed bingo, Canada trivia and delicious snacks. The residents were treated to a performance by our St. Michael's Millennium Angels Choir. All enjoyed a special Canada Day ice cream social with MLA Chris Nielsen as well.

Not to be outdone, Vegreville Manor residents recognized the diversity of our country with a Canada 150 cultural luncheon. They brought special foods from their own ethnic backgrounds for a multicultural feast. Then entertainment by Darmohrai, a musical group from Ukraine who happened to be in the Vegreville area, capped off the event with energizing tunes that had everyone's toes tapping.

The Long Term Care Centre in Edmonton partied and enjoyed a full program of music, Canada trivia, many games, including of course hockey! The Canada-themed frame was very popular for the photo booth as residents enjoyed having photos taken with an assortment of red and white props. The celebration was capped off with a special cake commemorating the occasion.

In Spruce Grove, Manor residents decked out in red and white to enjoy their Canada theme day. A great turn out meant a very full dance floor! Snacks, hand-made fans featuring the Canada 150 logo and a second event featuring all Canadian music performed by Terry Jordan left all feeling happy for the opportunity to recognize and celebrate Canada's 150th anniversary. Our residents have seen many changes in Canada during their lifetimes and we were pleased to be able to celebrate such a big milestone with them!

Contact St. Michael's: Tel: 780.473.5621 Fax: 780.472.4506 Toll Free: 1.800.472.6169

Email: smeccs@smhg.ca Website/Facebook: www.smhg.ca Follow Us On Twitter: @smhg #StMichaelsHealthGroup





