





2018-2019 Fall - Winter Menu

Vegreville Manor

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 29 Nov 26 Dec 24	Jan 21 Feb 18 March 18	Oct 30 Nov 27 Dec 25	Jan 22 Feb 19 March 19	Oct 31 Nov 28 Dec 26	Jan 23 Feb 20 March 20	Nov 1 Nov 29 Dec 27	Jan 24 Feb 21 March 21	Nov 2 Nov 30 Dec 28	Jan 25 Feb 22 March 22	Nov 3 Dec 1 Dec 29	Jan 26 Feb 23 March 23	Nov 4 Dec 2 Dec 30	Jan 27 Feb 24 March 24
Beverages	• Tea • Coffee • Juice • Milk •													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Ham Slice		Dry Cereal Raisin Toast Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange)		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange)	
Lunch	 													
Soup	Italian Wedding		Split Pea & Ham		Sauerkraut		Corn Chowder		Chicken Rice		Herbed Tomato Veg		French Onion	
Entree	Hot Dog Baked Beans Diced Onions		Crab Salad Carrot, Celery Sticks Garlic Toast		Hot Pizza Sub w/Ham, Salami Pepperoni Caesar Salad		Pancakes Bacon Scrambled Eggs		Bologna Slice Cottage Cheese Cucumbers & Tomato Bun with butter		Classic Turkey Sub Marinated Vegetable Salad		Quiche Dill Pickle Orange Slices	
	Fruit in Season		Butterscotch Pudding		Diced Peaches		Stewed Berry Blend		Melon Wedges		Peach Melba		Cookie	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Split Pea & Ham		Sauerkraut		Corn Chowder		Chicken Rice		Herbed Tomato Vegetable		French Onion		Cream of Potato & Bacon	
Entrée	Beef Stew Mashed Potato Tomato Vinaigrette Salad Bun		St. Louis Pork Ribs Rice Bok Choy w/Veggies Cucumber 'n Onion Salad		KFC Style Chicken Baked Potato Wedge Tossed Salad Carrots w/Cauliflower		<i>Chef's Choice</i> Main Entrée Salad Vegetable		Fish 'n Chips (Battered Cod) 'n Fries Coleslaw Peas		Chicken Alfredo Caesar Salad Noodles PEI Blend Vegetables		Roast Beef Garlic Mash Potato Gravy Tossed Salad Whipped Butternut Squash	
Dessert	Spice Cake		Squares		Ice Cream		Squares		Strawberry Shortcake		Blueberry Crisp		Lemon Meringue Pie	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.