



Newsletter

April 2021



Health Tip: Teeth Health

Keeping our teeth healthy as we age is as important as ever. Whether you're entering your golden years or have an older loved one who needs help with their oral health, consider these five things that can have an impact on your teeth.

- Dry Mouth
- Wear & Tear
- Disease
- Root Decay
- Smoking

Source: Smile Guide
<http://www.smileguide.com/dental-care-for-seniors/>
For more information, visit your local dentist.



What's happening at Vegreville Manor?

- Apr. 1- April Fool's Day
- Apr. 2 - Good Friday
- Apr. 4 - Easter Sunday
- Apr. 6 - New Beer's Day
- Apr. 12 - National Licorice Day
- Apr. 22 - Jelly Bean Day
- Apr. 23 - Western Dress Up Day



In and around Vegreville:

Income Tax Program – FCSS will prepare Taxes for Senior's. Forms available from Emily, Tammie or Charlotte

Photo Gallery

The meaning of Easter is Jesus Christ's victory over death. His resurrection symbolizes the eternal life that is granted to all who believe in Him. The meaning of Easter also symbolizes the complete verification of all that Jesus preached and taught during His three-year ministry. If He had not risen from the dead, if He had merely died and not been resurrected, He would have been considered just another teacher or Rabbi. However, His resurrection changed all that and gave final and irrefutable proof that He was really the Son of God and that He had conquered death once and for all. However, Easter did not always symbolize Christ's resurrection from the dead and the meaning of Easter was quite different than what Christians celebrate today. The feast day of Easter was originally a pagan celebration of renewal and rebirth. Celebrated in the early spring, it honored the pagan Saxon goddess Easter. When the early missionaries converted the Saxons to Christianity, the holiday, since it fell around the same time as the traditional memorial of Christ's resurrection from the dead, was merged with the pagan celebration, and became known as Easter. The meaning of Easter was also changed to reflect its new Christian orientation.

Today, the meaning of Easter, for millions of Christians, is that of honoring and recognizing Jesus Christ's resurrection from the dead, and His glorious promises of eternal life for all who believe in Him.



Out for a stroll



Just waiting to exercise



What a nice smile