



Newsletter

January 2022



Health Tip: What is Lewy-body Dementia?

Lewy body dementia, also known as dementia with Lewy bodies, is the second most common type of progressive dementia after Alzheimer's disease. Protein deposits, called Lewy bodies, develop in nerve cells in the brain regions involved in thinking, memory and movement (motor control).

Source: Mayo Clinic

For more information visit:
<https://alzheimer.ca/> or
speak to your health care
professional.

Weather Folklore for January

- *Fog in January brings a wet spring.*
- *A favorable January brings us a good year.*
- *If grass grows in January, it will grow badly the whole year.*
- *A summerish January, a winterish spring.*

Spot the mouse

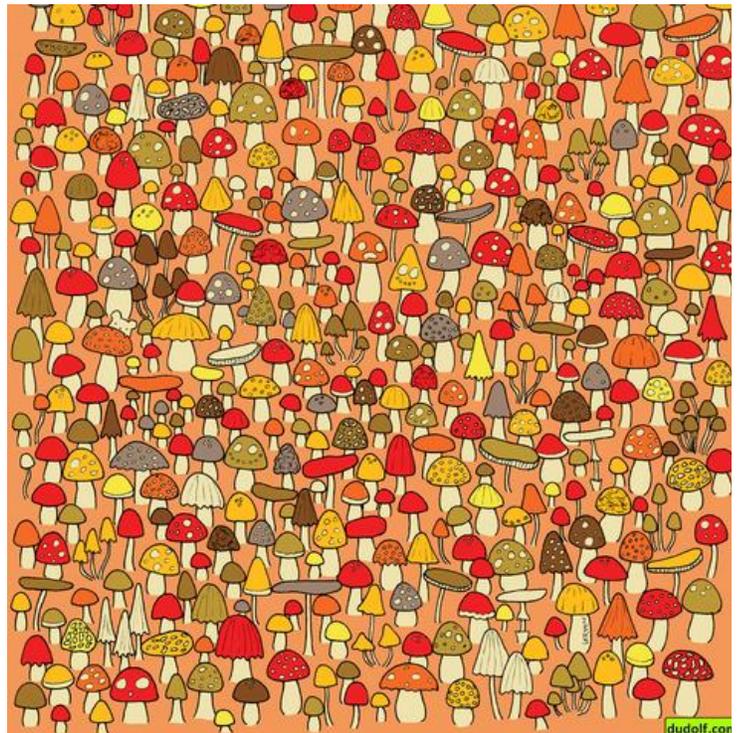


Photo Gallery

A message regarding Goals of Care Designation (Green Sleeve)

If residents are completing a Goals of Care designation for the first time, or if there is a change to your goals of care designation, please ensure that you or a family member notify supervisor ASAP. We keep a copy of the most up to date version of your goals of care in your medical chart, and there should **only be one** in circulation. If you have any questions, Tammie would be more than happy to further discuss.

Message about Doctor's orders

If you receive new doctor's orders at appointments, please notify supervisor so we can update your medication list & notify homecare if needed. If you require assistance with applying a medication, the prescription must be specific, and scheduled. (for how long, how many times per day, which location is it being applied to, and why?)

Resident & Family Council:

Any resident or family member interested in being part of our Resident & Family Council, please see Emily or Charlotte.



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I got to hold Santa's hand



Wow, what a great gift



I'm so happy, Santa