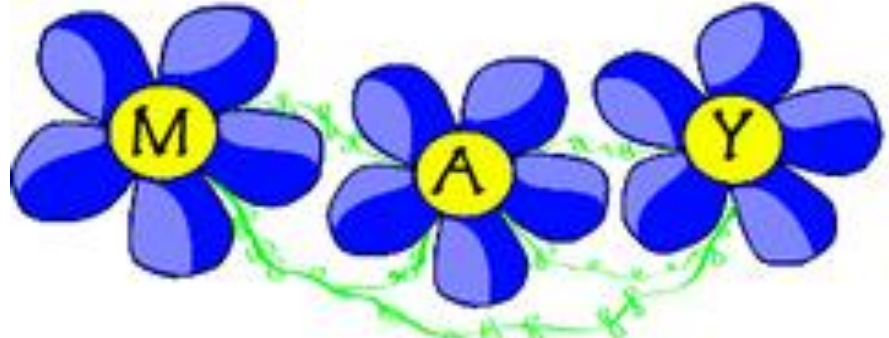


Newsletter

May 2021



Health Tip:

What is age-related macular degeneration?

Age-related macular degeneration is a disease that causes blurring of your central vision. The blurring happens because of damage to the macula, a small area at the back of the eye. The macula helps you see the fine detail in things that your eyes are focusing on.

Macular degeneration makes it harder to do things that require sharp central vision, like reading, driving, and recognizing faces. It does not affect side vision, so it does not lead to complete blindness.

Source: myhealth.alberta.ca

For more information visit:

www.myhealth.alberta.ca or visit your local optometrist

What's happening at Vegreville Manor?

May 5- Cinco de Mayo

May 7- Mother's Day Tea

May 9- Mother's Day

May 24- Victoria Day



In and around Vegreville:

No Activities at this time



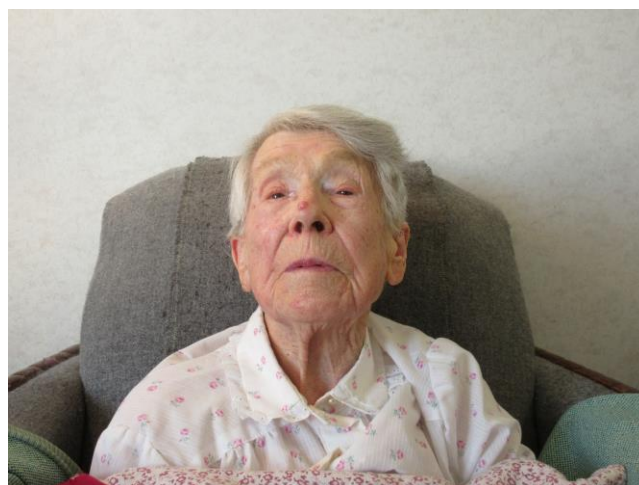
Photo Gallery

History of Mother's Day

Celebrations of mothers and motherhood can be traced back to the [ancient Greeks](#) and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother's Day is the early Christian festival known as "Mothering Sunday."

Once a major tradition in the United Kingdom and parts of Europe, this celebration fell on the fourth Sunday in Lent and was originally seen as a time when the faithful would return to their "mother church"—the main church in the vicinity of their home—for a special service.

Over time the Mothering Sunday tradition shifted into a more secular holiday, and children would present their mothers with flowers and other tokens of appreciation. This custom eventually faded in popularity before merging with the American Mother's Day in the 1930s and 1940s.



Enjoy coming to church services



Sunshine makes me happy



Always ready with a smile