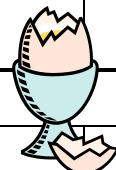
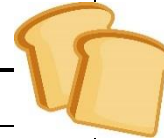

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 23	Dec 16	Sept 24	Dec 17	Sept 25	Dec 18	Sept 26	Dec 19	Sept 27	Dec 20	Sept 28	Dec 21	Sept 29	Dec 22
	Oct 21	Jan 13	Oct 22	Jan 14	Oct 23	Jan 15	Oct 24	Jan 16	Oct 25	Jan 17	Oct 26	Jan 18	Oct 27	Jan 19
	Nov 18	Feb 10	Nov 19	Feb 11	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15	Nov 24	Feb 16
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange) Cheese Slice		Cream of Wheat Toast Fruit (banana/orange) Yogurt		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheese Slice	
Lunch	 													
Soup	Mushroom		Chicken Noodle		Bacon & Yellow Pea		Beef Vegetable		Creamy Potato		Chicken Rice		Tomato	
Entree	Caesar Salad Chicken Strips Garlic Toast		Fish Burger (with lettuce, tomato, cheese) Bread/Butter Pickles		Grilled Rubeen (Corned beef, Sauerkraut & Swiss Cheese Tomato Salsa Salad		Cottage Cheese <i>Stawnychy's</i> Headcheese (or Alternate Deli meat) Deviled Egg Cucumber & Tomato Side Bread/Bun		Breakfast Sausage French Toast w/Fruit Medley		Grilled Ham & Cheese Stewed Tomatoes Pickle		Egg Salad Sandwich Cucumber Slices Celery Sticks	
	Diced Pears		Apricots		Pudding		Blueberry Tarts		Squares		Fruit Cocktail		Jell-O w/pineapple	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Chicken Noodle		Bacon & Yellow Pea		Beef Vegetable		Creamy Potato		Chicken Rice		Tomato		Italian Wedding	
Entrée	Sweet'n Sour Pork Rice Vegetable Stir Fry w/cabbage		Beef Stroganoff Noodles Tossed Salad Mixed Vegetables		Roast Pork w/applesauce Oven Roasted Potato w/Sour Cream Caesar Salad Diced Carrots		Chef's Choice Main Entrée Salad Vegetable		Fish'n Chips (Battered Cod) Coleslaw Tri Colour Vegetables		Meat Loaf Mashed Potato Gravy Caesar Salad Bean Mix w/Garlic		Roast Turkey Savory Stuffing Mashed Potato w/gravy Tossed Salad Peas	
Dessert	Peach Melba		Cherry Dessert		Fresh Seasonal Fruit		Ice Cream		Poppy Seed Cake		Apple Crisp		Banana Cream Pie	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.