
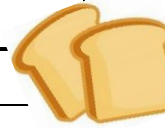
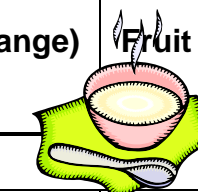



2024 - 2025 Fall - Winter Menu

Vegreville Manor

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 14 Nov 11 Dec 09	Jan 06 Feb 03 March 03	Oct 15 Nov 12 Dec 10	Jan 07 Feb 04 March 04	Oct 16 Nov 13 Dec 11	Jan 08 Feb 05 March 05	Oct 17 Nov 14 Dec 12	Jan 09 Feb 06 March 06	Oct 18 Nov 15 Dec 13	Jan 10 Feb 07 March 07	Oct 19 Nov 16 Dec 14	Jan 11 Feb 08 March 08	Oct 20 Nov 17 Dec 15	Jan 12 Feb 09 March 09
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Sausage Pattie		Dry Cereal Waffles Fruit (banana/orange) Boiled Egg		Dry Cereal Raisin Toast Fruit (banana/orange) Yogurt		Cream of Wheat Toast Fruit (banana/orange) Cheddar Cheese Slice		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheddar Cheese Slice	
Lunch	 													
Soup	Sauerkraut		Navy Bean		Beef Vegetable		Seafood Chowder		Cream of Cauliflower		Chicken Noodle		Vegetable	
Entree	Creamy Mac'n Cheese Baked Ham Carrot Salad Diced Pears		Tuna Sandwich Marinated Vegetable Salad Tropical Fruit		Chili or Lasagna <i>(Alternate weeks)</i> Caesar Salad Garlic Bread Cookie		Breakfast Egg Bun w/Sausage Pattie Tomato Slice Orange Slices		Chicken Wings Caesar Salad Cheesy Garlic Toast Fruit Cocktail		Sliced Roast Pork Cold Plate w/cottage Cheese, Tomato & Cucumbers Lime Jell-O		Toasted Bacon & Tomato Sandwich Boiled Egg Sauerkraut Salad Seasonal Fresh Fruit	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Navy Bean		Beef Vegetable		Seafood Chowder		Cream of Cauliflower		Chicken Noodle		Vegetable		Mushroom	
Entrée	Roast Beef Mashed Potato Gravy Coleslaw Peas w/Mushroom		St. Louis Pork Ribs Baked Potato w/toppings (sr. cream, gr. onion) Cucumber/onion Salad Mixed Beans w/garlic		Baked Chicken w/sauce Rice Tossed Salad Carrots		<i>Chef's Choice</i> Main Entrée Salad Vegetable		Herb Crusted Fish Roasted Cubed Potato Coleslaw Peas & Diced Carrots		Meatballs w/gravy Mashed Potato Tossed Salad Tri Color Vegetables Bread'n Butter Pickles		Beef Sausages Potato Casserole Steamed Cabbage Caesar Salad Corn	
Dessert	Peach Cobbler		Pudding		Cherry Tart		Baked Apples		Lemon Square		Ice Cream		Coconut Cream Pie	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter •													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.