






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day! No Activities	2 9:30 – Exercises 10:30– Walking Club 1:30– Cribbage 3:15 – North Pointe Summer Camp Kids!	3 9:30 – Exercises 10:30– Health Board 2:00– Volleyball 3:15 – Garden Hour 	4 9:30 – Exercises 10:30– News & Views 1:30– Bingo 3:15 – Broken Banjos Touring Concert 	5 9-11 Personal Touch Fashions 1:30– Bean Bags 3:15 – Decorating 	6 1:30 – Movie Time 
7 1:30- Loretta & Friends 	8 9:30 – Exercises 10:30– Crosswords 1:30– Nice Nails 3:15 – Puzzle Table 	9 9:30 – Exercises 10:30– Walking Club 1:30– Making Words 3:15 – Music Videos	10 9:30 – Exercises 10:30– Reminiscing 2:00– Target Toss 3:15 – Garden Hour 	11 9:30 – Exercises 10:30– News & Views 1:30– United Church 3:15 – Coffee Talk 	12 9:30 – Exercises 1:30– Bingo 	13 1:30 – Movie Time 
14 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour 	15 9:30 – Exercises 10:30– Brain Games 1:30– Crafts 3:15 – Read with Me 	16 9:30 – Exercises 10:30– Walking Club 1:30– Lisa & Viola Music Duo 	17 9:30 – Exercises 10:30– Show & Share 2:00– Football 3:15 – Temporary Tattoo Booth National Tattoo Day!	18 9:30 – Exercises 12:30– Resident Meeting 1:30– Bingo 3:15 – Coffee Talk 	19 9:30 – Exercises 10:30– Board Games 1:30– Tony Mapa 3:15 – Happy Hour 	20 1:30 – Movie Time 
21 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour 	22 9:30 – Exercises 10:30– Word Search 1:30– Nice Nails 3:00 – Dominoes 	23 9:30 – Exercises 11pm–2pm - Bus Trip to Two Hills National Vanilla Ice Cream Day! 	24 10:00– Holy Trinity 2:00– Exercises 3:00 – Garden Hour 	25 9:30 – Exercises 10:30– News & Views 1:30– Bingo 3:15 – Coffee Talk 	26 9:30 - Exercises 10:30– Card Games 1:30– Jim Davis 2:00 – Birthday Celebration 	27 1:30 – Movie Time 
28 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour 	29 9:30 – Exercises 10:30– 3 Word Game 1:30 – Crafts 3:00 – Color with Me 	30 9:30 – Exercises 10:30– Tech Time 1:30– Baking National Cheesecake Day!	31 9:30 – Exercises 10:30– Decorating 1:30– Curling 3:00 – Garden Hour 			