2023 Spring – Summer Menu

Vegreville Manor

Week 1

SMHG	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 10 May 08 Jun 05	Jul 03 Jul 31 Aug 28	Apr11 May 09 Jun 06	Jul 04 Aug 01 Aug 29	Apr 12 May 10 Jun 07	Jul 05 Aug 02 Aug 30	Apr 13 May 11 Jun 08	Jul 06 Aug 03 Aug 31	Apr 14 May 12 Jun 09	Jul 07 Aug 04 Sep 01	Apr 15 May 13 Jun 10	Jul 08 Aug 05 Sep 02	Apr 16 May 14 Jun 11	Jul 09 Aug 06 Sep 03
Beverages	● Tea ● Coffee ● Juice ● Milk ● Water													
Breakfast	**Dry Cereal Toast Fruit (banana/orange) Boiled Egg**		**Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie**		**Dry Cereal Raisin Toast Fruit (banana/orange) Cheese Slice**		**Cream of Wheat Toast Fruit (banana/orange) Yogurt**		**Oatmeal Toast Fruit (banana/orange) Yogurt**		**Dry Cereal Toast Fruit (banana/orange) Yogurt**		**Dry Cereal Toast Fruit (banana/orange) Cheese Slice**	
Lunch														
Soup	Tomato Vegetable		Country Chicken Vegetable Noodle		Creamy Potato		Borscht		Mushroom		French Onion		Chicken Noodle	
Entree	**Caesar Salad with Grilled Chicken Breast Side Bun Tropical Fruit**		**Bread/Butter Pickles Fish Burger (with lettuce, tom cheese) Apricots**		**Greek Salad Sloppy Joe Fruit Danish**		**Soft Quesadilla (w/beef strips, cheese & peppers) Side Tomato Slices Cookie**		**Cold Plate Cottage Cheese Luncheon Meat Cucumber & Tomato Slices Bread/Butter Pickles Squares**		**Roast Pork Sandwich w/ marinated onion Salad Coloured Pepper Slices Fruit Cocktail**		**Egg Salad Sandwich Bean Salad Dill Pickle Jell-O**	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	County Chicken Vegetable Noodle		Creamy Potato		Borscht		Mushroom		French Onion		Chicken Noodle		Vegetable	
Entrée	**Cucumber/Onion Salad Roasted Pork Loin Light Gravy Mashed Potato Turnips/ Carrots**		**Oriental Cabbage Salad Meat Loaf w/fried Onions Roasted Potato Corn**		**Ukrainian Plate Sausage Perogies (w/Sour Cream) Lazy Sauerkraut**		**<u>Chef's Choice w/Chicken</u> Main Entrée Salad Vegetable**		**Spinach Salad Baked Salmon (w/dill sauce) Boiled Potato Cubes Peas**		**Caesar Salad Meat Sauce w/Spaghetti Garlic Toast**		**Tossed Spring Salad Turkey Stuffing Mashed Potato Mixed Vegetables**	
Dessert	Blueberry Tarts		Cherry Dessert		Peaches		Diced Watermelon		Poppyseed Lemon Cake		Apple Crisp		Ice Cream	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	**● Bread ● Margarine ● Butter ●**													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.
Menu may change without notice.