2023 Spr	ring - 5	ummer	vienu			vegre		anor						
SMHG	May 1 May 29 Jun 26	Jul 24 Aug 21 Sep 18	May 2 May 30 Jun 27	Jul 25 Aug 22 Sep 19	May 3 May 31 Jun 28	Jul 26 Aug 23 Sep 20	May 4 Jun 01 Jun 29	Jul 27 Aug 24 Sep 21	May 5 Jun 02 Jun 30	Jul 28 Aug 25 Sep 22	May 6 Jun 03 Jul 01	Jul 29 Aug 26 Sep 23	May 7 Jun 04 Jul 02	Jul 30 Aug 27 Sep 24
Beverages						● Tea ●	Coffee Juice	 Milk • Wate 	r					
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange) Cheese Slice		Cream of Wheat Toast Fruit (banana/orange) Yogurt		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheese Slice	
Lunch					9)									
Soup	Tomato Vegetable		Pearl Barley		Split Ham & Pea		Seafood Chowder		Chicken Noodle		French Onion Soup		Mushroom	
Entree	Entree Ham Creamy Mac'n Cheese Pickled Beets Pears		Bacon'n Pea Salad Tuna Salad Sandwich Dill Pickle Strawberry Sundae Ice Cream		BBQ Hamburgers w/ Cheese, Sliced Tomato Onions, Lettuce Bread/Butter Pickles Watermelon		Fried Egg Bun w/sausage Pattie Orange Slices Cookie		Hot Pizza Sub w/Ham, Salami Pepperoni Mediterranean Orzo w/Peppers Salad		Crunchy Chicken Salad (w/gr. Onion, celery) Tomato Wedges Side Croissant Seasonal Fresh Fruit		Ham, Cheese & lettuce Sandwich Pickles Orange Slices Tropical Fruit	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper		-			1				1		1		1	
Soup	Pearl Barley		Split Ham & Pea		Seafood Chowder		Chicken Noodle		French Onion Soup		Mushroom		Tomato Vegetable Noodle	
Entrée	Coleslaw Roast Beef Mashed Potato Gravy Mixed Vegetable		Chucky Cucumber Tomato Onion Salad Herbed Roast Pork w/apple sauce Baked Potato Carrots		7 Layer Salad KFC Style Chicken Sweet Potato Fries Corn		<u>Chef's Choice with</u> <u>Beef</u> Main Entrée Salad Vegetable		Coleslaw Fried Fish Potato Wedges PEI Bean Medley		Garden Salad Cubed BBQ Pork or Cutlets Mashed Potato Peas & Carrots		Beef & Broccoli w/ extra Veggies Stir Fry Rice	
Dessert	Pudding		Mixed Fruit Cobbler		Lemon Tart or Square		Melon Mix		Coconut Cream Pie		Ice Cream		Jell-0	
Alternate	Sandwich o	or Perogies	Sandwich	or Perogies	Sandwich	or Perogies	Sandwich	or Perogies	Sandwich o	or Perogies	Sandwich o	r Perogies	Sandwich c	or Perogies
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2023 Spring – Summer Menu

Vegreville Manor

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Week 4