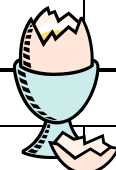
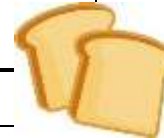



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 18 Nov 15 Dec 13	Jan 10 Feb 7 March 7	Oct 19 Nov 16 Dec 14	Jan 11 Feb 8 March 8	Oct 20 Nov 17 Dec 15	Jan 12 Feb 9 March 9	Oct 21 Nov 18 Dec 16	Jan 13 Feb 10 March 10	Oct 22 Nov 19 Dec 17	Jan 14 Feb 11 March 11	Oct 23 Nov 20 Dec 18	Jan 15 Feb 12 March 12	Oct 24 Nov 21 Dec 19	Jan 16 Feb 13 March 13
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange) Ham Slice		Cream of Wheat Toast Fruit (banana/orange) Cheese Slice		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheese Slice	
Lunch	 													
Soup	Mushroom		Chicken Noodle		Bacon & Yellow Pea		Beef Vegetable		Creamy Potato Dill		Chicken Rice		Tomato Vegetable	
Entree	Caesar Salad Chicken Strips Garlic Toast		Fish Burger (with lettuce, tomato, cheese) Bread/Butter Pickles		Pizza Greek Salad 		Cottage Cheese Stawnychy's Headcheese (or Alternate Deli meat) Deviled Egg Cucumber & Tomato Side Bread/Bun		Breakfast Sausage French Toast w/Fruit Medley		Grilled Ham & Cheese Stewed Tomatoes Pickle		Egg Salad Sandwich Cucumber Slices Celery Sticks	
	Diced Pears		Apricots		Pudding		Blueberry Tarts		Squares		Fruit Cocktail		Jell-O w/pineapple	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Chicken Noodle		Bacon & Yellow Pea		Beef Vegetable		Creamy Potato Dill		Chicken Rice		Tomato Vegetable		Italian Wedding	
Entrée	Sweet'n Sour Pork Rice Vegetable Stir Fry w/cabbage		Beef Stroganoff Noodles Tossed Salad Mixed Vegetables		Roast Pork w/applesauce Oven Roasted Potato w/Sour Cream Caesar Salad Diced Carrots		Chef's Choice Main Entrée Salad Vegetable		Fish'n Chips (Battered Cod) Coleslaw Tri Colour Vegetables		Meat Loaf Mashed Potato Gravy Caesar Salad Bean Mix w/Garlic		Roast Turkey Savory Stuffing Mashed Potato w/gravy Tossed Salad Peas	
Dessert	Peach Melba		Cherry Dessert		Fresh Seasonal Fruit		Ice Cream		Poppy Seed Cake		Apple Crisp 		Banana Cream Pie	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.