
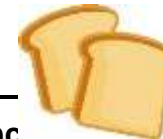






2021-2022 Fall - Winter Menu

Vegreville Manor

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 25 Nov 22 Dec 20	Jan 17 Feb 14 March 14	Oct 26 Nov 23 Dec 21	Jan 18 Feb 15 March 15	Oct 27 Nov 24 Dec 22	Jan 19 Feb 16 March 16	Oct 28 Nov 25 Dec 23	Jan 20 Feb 17 March 17	Oct 29 Nov 26 Dec 24	Jan 21 Feb 18 March 18	Oct 30 Nov 27 Dec 25	Jan 22 Feb 19 March 19	Oct 31 Nov 28 Dec 26	Jan 23 Feb 20 March 20
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast 	Dry Cereal Toast Fruit (banana/orange) Boiled Egg	Dry Cereal Waffles Fruit (banana/orange) Ham Slice	Dry Cereal Raisin Toast Fruit (banana/orange) Yogurt	Cream of Wheat Toast Fruit (banana/orange) Yogurt	Oatmeal Toast Fruit (banana/orange)	Dry Cereal Toast Fruit (banana/orange) Yogurt	Dry Cereal Toast Fruit (banana/orange) Cheese Slice							
Lunc..														
Soup	Italian Wedding	Turkey Rice	Country Vegetable	Beef Barley	Chicken Noodle	Cream of Broccoli	Creamy Herbed Tomato							
Entree	Hot Dog Baked Beans Diced Onions Melon Wedges	Crab Salad Tomato Wedges Croissant Butterscotch Pudding	Hot Pizza Sub w/Ham, Salami Pepperoni Caesar Salad Diced Peaches	Pancakes Bacon Scrambled Eggs  Stewed Berry Blend	Roast Pork Sandwich Thin Slice Onion Cucumber Slices Orange Jell-O w/Mandarin Oranges	Hamburgers w/cheese, lettuce Tomato slice Bread/Butter Pickles Mixed Melons	Loaded Quiche w/Ham, Celery, Green Onion, Cheese Toast Orange Slices							
Alternate	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich							
Supper														
Soup	Turkey Rice	Country Vegetable	Beef Barley	Chicken Noodle	Cream of Broccoli	Creamy Herbed Tomato	Mushroom Soup							
Entrée 	Beef Stew w/Vegetables Cubed Potato Coleslaw Bun	KFC Style Chicken Baked Potato Wedges Tossed Salad Broccoli & Cauliflower Stir Fry	Pork Chops Rice w/Mushroom Sauce Diced Carrots & Turnip Cucumber 'n Onion Salad	Roast Beef w/Horseradish Mashed Potato Gravy Tossed Salad Yellow Bean w/Garlic	Baked Salmon (w/Dill Sauce) Cubed Potato Coleslaw Peas	Chicken Alfredo Caesar Salad Noodles Tri Colour Vegetables 	Baked Ham Scalloped Potato Tossed Garden Salad Glazed Carrots							
Dessert	Spice Cake	Lemon Tarts	Square	Cherry Cheese Cake	Strawberry Shortcake	Banana Cake	Fruit Danish							
Alternate	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies							
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.