March 2025		Vegreville				St. Michael's HEALTH GROUP	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	HAPPY St. Pabuckis Day					1 1:30- Movie Time	
2 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour	<b>3</b> 9:30 – Exercises 10:30 – Health Board 1:30 – Cribbage 3:15 – Brain Games	<b>4</b> 9:30 – Exercises 10:30 – 1:1 1:30 – Target Toss 3:15 – Show & Share	<b>5</b> 9:30 – Exercises 10:30 – Board Games 1:30 – Bingo 3:15 – Gospel Meeting	<b>6</b> 9:30 – Exercises 10:30 – Reminiscing 1:30 – Golf 3:15 – Color w/ Me	7 9:30 – Exercises 10:30 – Walking Club 1:30 – Bean Bags 3:15 – Coffee Talk	8 1:30- Movie Time	
<b>9</b> 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour	<b>10</b> 9:30 – Exercises 10:30 – Word Search 1:30 – Nice Nails 3:15 – Card Bingo	<b>11</b> 9:30 – Exercises 10:30 – 1:1 1:30 – North Pointe 3:15 – Horse Races	<b>12</b> 9:30 – Exercises 10:30 – Board Games 1:30 – Bingo 3:15 – News & Views	<b>13</b> 9:30 – Exercises 12:30–Resident Meeting 2:00 – United Church 3:15 – Making Words	<b>14</b> 9:30 – Exercises 10:30 – Walking Club 1:30 – Lisa & Viola Sing-a-long 3:15 – Coffee Talk	<b>15</b> 1:30- Movie Time	
<b>16</b> 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour	<b>17</b> 9:30 – Exercises 10:30 – Prep 1:30 – Craft 3:15 – St Patrick's Happy Hour <b>St. Patrick's Day!</b>	<b>18</b> 9:30 – Exercises 10:30 – 1:1 1:30 – Basketball 3:15 – Decorating	<b>19</b> 9:30 – Exercises 10:30 – Board Games 1:30 – Bingo 3:15 – News & Views	<b>20</b> 9:30 – Exercises 10:30 – Spring Trivia 1:30 – Axe Throwing 3:45 – Miss Laura's Piano Recital	<b>21</b> 9:30 – Exercises 10:30 – Walking Club 1:30 – Baking 3:15 – Coffee Talk	22 1:30- Movie Time	
<b>23</b> 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour	<b>24</b> 9:30 – Exercises 10:30 – Crosswords 1:30 – Nice Nails 3:15 – Card Bingo	<b>25</b> 9:30 – Exercises 10:30 – 1:1 1:30 – Cards w/ Judy 3:15 – Puzzle Table	<b>26</b> 9:30 – Exercises 10:30 – Board Games 1:30 – Bingo 3:15 – News & Views	<b>27</b> 10:00 – Holy Trinity 1:30 – Jim Davis Band 3:15 – Dice Games	<b>28</b> 9:30 – Exercises 10:30 – Walking Club 1:30 – Volleyball 3:15 – Coffee Talk	<b>29</b> 1:30- Movie Time	
<b>30</b> 1:30- Movie Time 3:00- 106.5 FM Radio Zabava Hour	<b>31</b> 9:30 – Exercises 11:30 – Lunch Club 2:00 – Curling			*Please note that all scheduled activities are subject to change	First Day of Spring! March 20 <sup>th</sup>		