


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Football 2:45 – Walking Club	2 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Loretta & Friends 2:45 – News & Views	3 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Card Games	4 1:30 – Movie
5 1:30 – Movie Time 3:00 – 106.5 Zabava Hour	6 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Nice Nails	7 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Men’s Club 6:30 – Rotary Bingo	8 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Short Story 2:45 – Walking Club	9 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – United Church 2:30 – Staff Meeting	10 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Ball Bingo	11 1:30 – Movie
12 1:30 – Movie Time 3:00 – 106.5 Zabava Hour	13 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Bean Bags	14 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Dice Games	15 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30- Making Words 2:45 – Walking Club	16 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:00 – Baking 2:30 – Resident Meeting	17 9:15 – Exercises 10:00 – Exercises 10:45 – Video 2:00 – St. Patrick’s Day Happy Hour	18 1:30 – Movie
19 1:30 – Movie Time 3:00 – 106.5 Zabava Hour	20 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Nice Nails	21 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Ladies Club 6:30 – Rotary Bingo	22 9:00 – Exercises 9:45 – Exercises 10:30 – Holy Trinity 1:00–Jokes with FCSS 2:45 – Walking Club	23 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – News & Views	24 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Ball Bingo	25 1:30 – Movie
26 1:30 – Movie Time 3:00 – 106.5 Zabava Hour	27 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Bean Bags	28 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Craft	29 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Target Practice 2:45 – Walking Club	30 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – News & Views	31 9:15 – Exercises 10:00 – Exercises 10:45 – Video 1:30 – Cribbage	