






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Activities Are Subject to Change			<b>1</b> 9:15- Exercises 10:00- Exercises 10:45- Checkers 1:30-Football 2:45- Walking Club	<b>2</b> 9:15- Exercises 10:00- Exercises 10:45-Connct Four 1:30-Ball Bingo 2:45- Video	<b>3</b> Movie Time 1:30
<b>4</b> Movie Time 1:30	<b>5</b> Labour Day  No Activities	<b>6</b> 9:15- Exercises 10:00- Exercises 1:30- Horse Shoes	<b>7</b> 9:15- Exercises 10:00- Exercises 1:30-News & Views	<b>8</b> 9:15- Exercises 10:00- Exercises 1:30- United Church coming	<b>9</b> 9:15- Exercises 10:00- Exercises 1:30-Bean Bags	<b>10</b> Movie Time 1:30 
<b>11</b> Movie Time 1:30 	<b>12</b> 9:15- Exercises 10:00- Exercises 1:30-Basketball	<b>13</b> 9:15- Exercises 10:00- Exercises 1:30-Golf	<b>14</b> 9:15- Exercises 10:00- Exercises 1:30-Ball Darts	<b>15</b> 9:15- Exercises 10:00- St. Vladimir Church 2:30- Resident Meeting 6:30- Ball Bingo	<b>16</b> 9:15- Exercises 10:00- Exercises 1:30-Ring Toss	<b>17</b> Movie Time 1:30
<b>18</b> Movie Time 1:30	<b>19</b> 9:15- Exercises 10:00- Exercises 10:45- Let's Talk 1:30-Football 2:45-Walking Club	<b>20</b> 9:15- Exercises 10:00- Exercises 10:45-Crokinole 1:30-Craft	<b>21</b> 9:15- Exercises 10:00- Exercises 10:45-Visit 1/1 1:30-Curling	<b>22</b> 9:15- Exercises 10:00- Exercises 10:45-Chinese Checkers 1:30- Making Words	<b>23</b> 9:15- Exercises 10:00- Sherwood Park Shopping 1:30- Movie	<b>24</b> Movie Time 1:30 
<b>25</b> Movie Time 1:30 	<b>26</b> 9:15- Exercises 10:00- Exercises 10:45-Trouble 1:30-Ball Bingo 2:45- Walking Club	<b>27</b> 9:15- Exercises 10:00- Exercises 10:45-Go Fish 1:30-Nice Nails	<b>28</b> 9:15- Exercises 10:00- Exercises 10:30- Holy Trinity 1:30-Bean Bag Basket 2:45-Walking Club	<b>29</b> 9:15- Exercises 10:00- Exercises 10:45-Sorry 1:30-Crib or other card games	<b>30</b> Birthday Cake 9:15- Exercises 10:00- Exercises 10:45- Old Maid 1:30- Tony Mapa	