



Newsletter

August 2022



Health Tip:

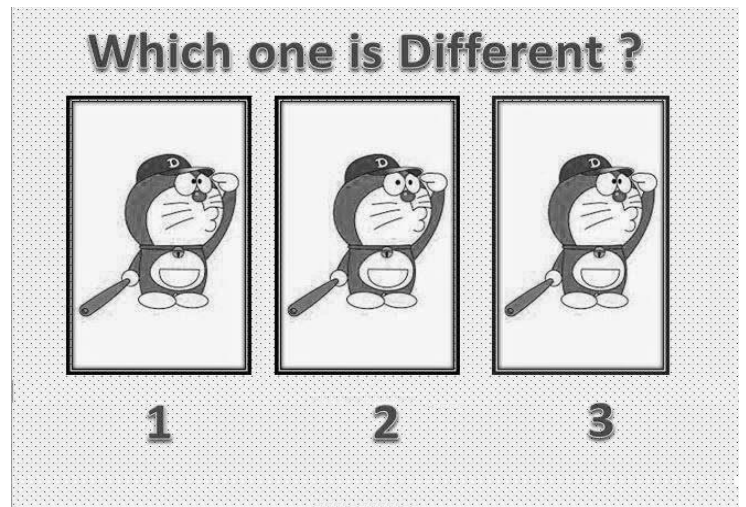
What is Delirium?

Delirium is a sudden, confused state of mind that may come and go over the day. People with delirium may have changes in the way they think. Their personality and behavior may change quite a lot. They may have trouble paying attention to what's going on around them or doing the things they normally can do.

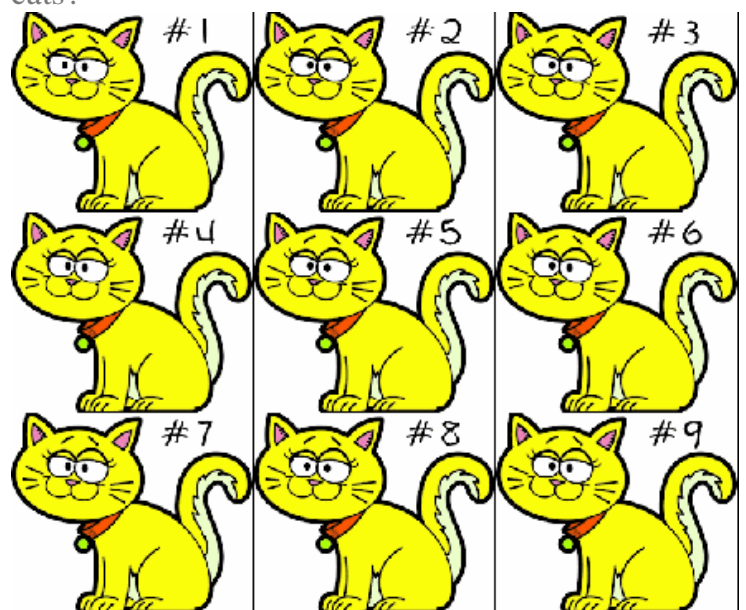
Delirium is a warning sign that the person needs help right away. Call your family doctor, nurse, healthcare provider, or Health Link at 811.

Source: Alberta Health Services

For more information visit:
MyHealth.Alberta.ca or speak to your health care professional.



You can see nine almost same looking cats in the picture. However, they are not identical; only two of them are. Can you find out those two identical cats?



Riddles:

I am a word of 5 letters.
Who Am I is indicated by 1st two letters.
My first three letters are used to cure disease.
My Last three reverse letters indicate a young boy.
My 4th, 3rd, and 2nd in order is a fruit drink.
If you got me you must be proud.
Who Am I?

It's not alive but it grows.
It's doesn't have lungs, but It needs air.
It's doesn't have a mouth, but water kills it.
What is it?

I'm very easy to lift but very hard to throw?
What Am I?

I'm light as a feather, yet the strongest person can't hold me for five minutes.
What am I?

If you're **running** in a race and you pass the person in second place, what place are you in?



Answers:

1-medal

2- fire

3- feather

4-your breath

5-second place

Photo Gallery



Enjoying the country drive



Isn't she cute?



Did you see that?