

Newsletter

December 2022



Health Tip: Top Tips for Winter Walking

- Wear reflective clothing, warm clothing, and proper non-slip footwear
- Tell someone before you leave
- Walk on clear paths
- Watch for Hazards

Source: Finding Balance

For more information visit:
www.findingbalance.ca or
speak to your health care
professional.



Find the hidden bear



“What is Christmas? It is the tenderness of the past, courage for the present, and hope for the future.” — Agnes M. Pahro

Photo Gallery

A message regarding Goals of Care Designation (Green Sleeve)

If residents are completing a Goals of Care designation for the first time, or if there is a change to your goals of care designation, please ensure that you or a family member notify supervisor ASAP. We keep a copy of the most up to date version of your goals of care in your medical chart, and there should **only be one** in circulation. If you have any questions, Tammie would be more than happy to further discuss.

Message about Doctor's orders

If you receive new doctor's orders at appointments, please notify supervisor so we can update your medication list & notify homecare if needed. If you require assistance with applying a medication, the prescription must be specific, and scheduled. (for how long, how many times per day, which location is it being applied to, and why?)



Remembrance Day Ceremony



Laying of the wreath



Flanders Field Poem Reading

Resident & Family Council:
Any resident or family member interested in being part of our Resident & Family Council, please see Emily or Charlotte.

**Vegreville Manor 5913-49 Street Vegreville, AB T9C 1X4
P: 780.632.3540 F: 780.603.0861 www.smhg.ca**