



# Newsletter

## June 2022



### Health Tip:

#### What is elder abuse?

Elder abuse is any action by someone in a relationship of trust that results in harm or distress to an older person. Neglect is a lack of action by that person in a relationship of trust with the same result. Commonly recognized types of elder abuse include physical, psychological and financial. Often, more than one type of abuse occurs at the same time. Abuse can be a single incident or a repeated pattern of behavior.

Financial abuse is the most commonly reported type of elder abuse.

#### ***Elder abuse: It's Time to Face the Reality***

To find out more on what the Government of Canada is doing for seniors visit [Canada.ca/Seniors](http://Canada.ca/Seniors) or call: 1 800-O-Canada (1-800-622-6232) TTY: 1-800-926-9105

#### **Prevent and report abuse**

Call 911 if you or someone you know is being abused and is in immediate danger.

### **Find the hidden dancer**



### **Funny one liner**

1. I heard Cinderella tried out for the basketball team, but she kept running away from the ball.

## Photo Gallery

### Facts about Alberta

Alberta takes up 6.6% of Canada's total area, making it the sixth-largest province in the nation. It occupies an area of 661,848 square kms.

Alberta was named after Princess Louise Caroline Alberta (1848-1939), the fourth daughter of Queen Victoria.

Alberta was established as a district of the North West Territories in 1882. It was later expanded to its present boundaries and became a province in 1905.

Alberta is a Canadian province known for its large oil industry. It has the third-largest reserves of crude oil in Canada, with most of it coming from the Athabasca Oil Sands.

Alberta's biggest advantage after its oil industry is its agriculture. Wheat, barley, canola, oats, and other grains are some of the main crops grown here. Alberta farms exported \$ 10.1 billion worth of these goods in 2012, and there were close to 59,000 farms in Alberta producing mainly wheat and other grains.



### News & Views



### Great job reading



### That's interesting, tell us more