## **NOVEMBER 2023**

## **SMHG** Facility



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 - Exercises 10:30 - November Bulletin Board 1:30 - Target Toss 3:00 - News & Views	9:30 - Exercises 10:30 - Puzzle Table 1:30 - Bingo 3:30 - Piano Recital	3 9:30 - Exercises 10:30 - Card Games 1:30 - Bean Bags 3:00 - Music Videos	<b>4</b> 1:30 – Movie Time
5 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	9:30 - Exercises 10:30 - Crosswords 1:30 - Nice Nails 3:00 - Walking Club	7 9:30 - Exercises 10:30 - Walking Club 1:30 - Cribbage 3:00 - Coffee Talk 6:30- Rotary Bingo	9:30 - Exercises 10:30 - Remembrance Day Ceremony 1:30 - Horseshoes 3:00 - News & Views	9:30 - Exercises 10:30 - Color w/ Me 1:30 - United Church 3:00 - Walking Club	9:30 - Exercises 10:30 - Board Games 1:30 - Cards w/ Judy 3:00 - Show and Share	11 Remembrance Day 1:30 - Movie Time
12 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	9am-11am - Personal Touch Fashion  No Other Activities Day in Lieu  World Kindness Day!	9:30 - Exercises 10:30 - Kindness Day Activity 1:30 - North Pointe 3:00 - Coffee Talk	9:30 - Exercises 10:30 - Sports trivia 1:30 - Basketball 3:00 - News & Views	9:30 - Exercises 10:30 - Visit 1:1 12:30 - Resident Meeting 1:30 - Bingo 3:00 -Puzzle Table	9:30 - Exercises 10:30 - Card Games 1:30 - Tony Mapa 3:00 - Decorating	<b>18</b> 1:30 – Movie Time
19 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	20 9:30 - Exercises 10:30 - Crosswords 1:30 - Nice Nails 3:00 - Walking Club	9:30 - Exercises 10:30 - Walking Club 1:30 - Jim Davis 3:00 - Coffee Talk 6:30- Rotary Bingo	22 9:30 - Exercises 10:30 - Holy Trinity 1:30 - Ring Toss 3:00 - News & Views	9:30 - Exercises 10:30 - Read w/ Me 1:30 - Bingo 3:00 - Walking Club	9:30 - Exercises 10:30 - Board Games 1:30 - Baking 3:00 - Ice Cream Social	<b>25</b> 1:30 – Movie Time
26 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	27 9:30 - Exercises 10:30 - Sudoku 1:30 - Craft 3:00 - Music Videos	28 9:30 - Exercises 10:30 - Music Videos 1:30 - Making Words 3:00 - Coffee Talk	29 9:30 - Exercises 11:30-2:30- Lunch Club - Vito's 3:00 - News & Views	30 9:30 - Exercises 10:30 - Visit 1:1 1:30 - Bingo 3:00 - Puzzle Table		