January 2024

Vegreville Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New year	1 <u>New Year's Day</u> No Activities	2 9:30 - Exercises 2:00- Making Words	3 9:30 - Exercises 2:00 - Bingo	4 9:30 – Exercises 2:00– News & Views	5 1:30- Nice Nails	6 1:30 - Movie Time
7 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	8 9:30 - Exercises 10:30 - Crosswords 1:30 - Cribbage/Cards 3:00 - Elvis' Birthday Party! Elvis' Birthday!	9:30 - Exercises 10:30- Show & Share 1:30- North Pointe 3:00 - Walking Club	9:30 - Exercises 10:30- Visit 1:1 2:00- Target Toss 3:00 - News & Views National Houseplant Appreciation Day!	9:30 - Exercises 10:30- Health Awareness Board 1:30- United Church 3:00 - Name`5`Game	9:30 - Exercises 10:30- Card Games 1:30 - Bingo 3:00 - Coffee Talk	13 1:30 – Movie Time
1:30 – Movie Time 3:00 – 106.5 FM Radio Zabava Hour	9:30 - Exercises 10:30 - Take Down Decorations 1:00 - Nice Nails 3:00 - Walking Club	9:30 -Exercises 10:30- Music Videos 1:30- Craft 3:00 - Coffee Talk	9:30 - Exercises 10:30 - Poetry Share 2:00 - Football 3:00 - News & Views	18 9:30 - Exercises 12:30- Resident Meeting 1:30 - Bingo 3:00 - Color w/ Me National Winnie the Pooh Day!	9:30 - Exercises 10:30- Board Games 2:00 - Tony Mapa 3:00 - Walking Club	20 1:30 – Movie Time
21 1:30 – Movie Time 3:00 – 106.5 FM Radio Zabava Hour	9:30 - Exercises 10:30- Word Search 1:30- Baking 3:00 - Reminiscing	9:30 - Exercises 11:30- 1pm Lunch Club (Tim Hortons) 2:00 - Cards w/ Judy 3:00 - Walking Club	24 9:30 - Exercises 10:30- Visit 1:1 2:00- Curling 3:00 - Happy Hour National Beer Appreciation Day!	9:30 - Exercises 10:30- Weather Trivia 1:30- Bingo 3:00 - Read w/ Me National Weather Appreciation Day!	26 9:30 - Exercises 10:30- Card Games 1:30- Jim Davis 3:00 - Coffee Talk	27 1:30 – Movie Time
28 1:30 - Movie Time 3:00 - 106.5 FM Radio Zabava Hour	9:30 - Exercises 10:30 - Brain Games 1:00- Nice Nails 3:00 - Walking Club	30 9:30 - Exercises 10:30 - Dinosaur Facts 1:30 - Craft 3:00 - Coffee Talk National Dinosaur Day!	31 9:30 - Exercises 10:30- Bulletin Board 2:00 - Horseshoes 3:00 - News & Views			