






# 2023-24 Fall – Winter Menu

## Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 02 Oct 30 Nov 27	Dec 25 Jan 22 Feb 19	Oct 03 Oct 31 Nov 28	Dec 26 Jan 23 Feb 20	Oct 04 Nov 01 Nov 29	Dec 27 Jan 24 Feb 21	Oct 05 Nov 02 Nov 30	Dec 28 Jan 25 Feb 22	Oct 06 Nov 03 Dec 01	Dec 29 Jan 26 Feb 23	Oct 07 Nov 04 Dec 02	Dec 30 Jan 27 Feb 24	Oct 08 Nov 05 Dec 03	Dec 31 Jan 28 Feb 25
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
<b>Breakfast</b>	Oatmeal Cereal Cinnamon French Toast Sausage & Fruit Or Cold Cereal		Oat Bran Cereal Toast & Fruit Waffles or Cold Cereal		Cream of Wheat Bacon Scrambled Eggs Toast & Fruit or Cold Cereal		Oatmeal Cereal Toast & Fruit Cheddar Cheese or Cold Cereal		Oat Bran Cereal Toast & Fruit Pancakes or Cold Cereal		 Cornmeal Cereal Toast & Fruit Poached Eggs or Cold Cereal		Cream of Wheat Toast & Fruit Turkey Sausage or Cold Cereal	
<b>Lunch</b>														
<i>Entree</i>	Ruben Sandwich Caesar Salad or Assorted Sandwiches		Fajita Chicken strips With fried rice and Vegetables or Assorted Sandwiches		Pizza Greek Salad or Assorted Sandwiches		Nalysnyk/Sour Cream Kovbasa Beets or Assorted Sandwiches		Hamburger Tomato Lettuce and Onion Potato Wedges or Assorted Sandwiches		Quiche with Ham and Cheddar Cheese Green Salad or Assorted Sandwiches		Cheese Tortellini Tossed Salad or Assorted Sandwiches	
<i>Dessert</i>	Vanilla Ice Cream		Date Squares 		Fresh Berries		Apple Pie		Tapioca		Orange Segments		Watermelon	
<i>Soup</i>	Butternut Squash and Coconut		Mushroom 		Pea Soup		Potato		Tomato Roasted Garlic		Lentil		Chicken Rice	
<b>Supper</b>														
<i>Entrée</i>	Cranberry Stuffed Roast Pork Mashed Potatoes Peas & Carrots  <b>Entrée 2</b> Pulled Beef		Honey Ham Whipped Potatoes California Vegetables  <b>Entrée 2</b> Fish Burger		Italian Meatballs Broccoli Florets and Pasta  <b>Entrée 2</b> Hot Corned Bee		Bacon Cream Cheese Cheddar Chicken Mashed Potatoes  <b>Entrée 2</b> Cabbage Rolls		Salmon Filet with Dill Butter Rice Mixed Vegetables  <b>Entrée 2</b> Veal Cutlet 		BBQ Chicken Drumsticks Mashed Potatoes Italian Mixed Veg <b>Entrée 2</b> Pyrohy Potato, Cheddar & Bacon		Roast Turkey Whipped Potatoes Carrot Coins  <b>Entrée 2</b> Pork Souvlaki	
<i>Dessert</i>	Coconut Cream Pie		Caramel Cake		Maple Chocolate Cake		Assorted Deserts		Orange Layer Cake		Apple Strudel		Carrot Cake	
<b>PM/HS Snack</b>	Fruit & Chocolate Coffee Cake		Cheese Danish & Fruit		Fresh Banana		Fruit & Yogurt		Cinnamon Bun & Fruit		Mini Danish & Fruit		Fruit & Cookies	
	• Whole Wheat Bread • Buns • Margarine •													