




2023 Spring-Summer Menu (Residents only)

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 10	Jul 03	Apr 11	Jul 04	Apr 12	Jul 05	Apr 13	Jul 06	Apr 14	Jul 07	Apr 15	Jul 08	Apr 16	Jul 09
	May 08	Jul 31	May 09	Aug 01	May 10	Aug 02	May 11	Aug 03	May 12	Aug 04	May 13	Aug 05	May 08	Aug 06
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Cream of Wheat Toast and Fruit Scrambled Egg or Cold Cereal		Oatmeal Cereal Toast and Fruit Cheese or Cold Cereal		Oat Bran Cereal Toast and Fruit Bacon or Cold Cereal		Cornmeal Bacon ,Egg and Cheese Tartlet or Cold Cereal		Cream of Wheat Toast and Fruit Dutch Pancakes and Sausage or Cold Cereal		Oatmeal Cereal Toast and Fruit Assorted Danish and Yogurt or Cold Cereal		Corn Meal Cereal Cheese Omelets Toast and Fruit or Cold Cereal	
Lunch														
Entree	Hot Dog Garden Salad and Fries or Assorted Sandwiches		Chicken Salad Croissant Spinach Salad or Assorted Sandwiches		Vegetable Lasagna Garlic Bread Tossed Salad or Assorted Sandwiches		Cheddar Pyrohy Kovbasa & Red Cabbage or Assorted Sandwiches		Pizza Greek Salad or Assorted Sandwiches		Chicken Fingers Tomato Slices Garden Salad or Assorted Sandwiches		Pasta & Meat Sauce Italian Vegetables or Assorted Sandwiches	
Dessert	Yogurt and Granola		Ice Cream		Seasonal Berries		Tapioca		Boston Cream Cake		Ice Cream		Sliced Peaches	
Soup	Split Pea & Vegetable		Cream of Mushroom		Potato and Beet Soup		Thick Onion Soup		Chicken & Broccoli		Tomato Vegetable		Navy Bean	
Supper														
Entrée	Cantonese Pork Fried Rice Fresh Zucchini <i>Crunchy Perch*</i>		Beef Strogonoff Egg Noodles Peas <i>European Pork Sausages*</i>		Ham and Maple Cranberry Sauce Parsley Potatoes California Vegetables <i>Polynesian Meatballs*</i>		Teriyaki Chicken Drums Rice Green Beans <i>Beef Sausage*</i>		Baked Haddock Mashed Potatoes Peas <i>Turkey Tetrazini*</i>		Salisbury Steak Steamed Potatoes California Vegetables <i>Chili*</i>		Toasted Apple and Mustard Pork Loin Whipped Potatoes Seasoned Broccoli <i>Salmon Steak*</i>	
Dessert	Cheesecake		Cherry Pie		Jell-O		Fresh Fruit Salad		Assorted Desserts		Watermelon Slices		Bananas	
PM/HS Snack	Banana Bread		Cheese and Crackers		Bon Ton Special		Fresh Bananas		Mini Muffin		Yogurt		Mini Danish	
Condiments	• Bread • Buns • Margarine •													