


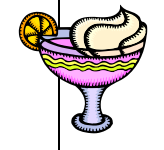
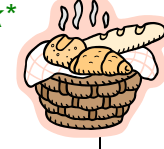


# 2023 Spring-Summer Menu (Residents only)

# Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	Apr 24	Jul 17	Apr 25	Jul 18	Apr 26	Jul 19	Apr 27	Jul 20	Apr 28	Jul 21	Apr 29	Jul 22	Apr 30	Jul 23				
	May 22	Aug 14	May 23	Aug 15	May 24	Aug 16	May 25	Aug 17	May 26	Aug 18	May 27	Aug 19	May 28	Aug 20				
	Jun 19	Sep 11	Jun 20	Sep 12	Jun 21	Sep 13	Jun 22	Sep 14	Jun 23	Sep 15	Jun 24	Sep 16	Jun 25	Sep 17				
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •																	
<b>Breakfast</b>	Oat Bran Toast and Fruit Blueberry Pancakes and Yogurt <i>or</i> Cold Cereal		Oatmeal Scrambled Eggs Toast and <i>or</i> Cold Cereal		Cream of Wheat Spinach Egg and Cheese Tart Toast and Fruit <i>or</i> Cold Cereal		Oatmeal Bacon Toast and Fruit <i>or</i> Cold Cereal		Cornmeal French Toast and Sausages Toast <i>or</i> Cold Cereal		Cream of Wheat Turkey Sausage Toast and Fruit <i>or</i> Cold Cereal		Oat Bran Toast and Fruit Cheese Slice and Yogurt <i>or</i> Cold Cereal					
<b>Lunch</b>																		
<b>Entree</b>	Potato Pancakes Sausage Tossed Salad <i>or</i> Assorted Sandwiches		Cabbage Rolls Kobasa Vegetables <i>or</i> Assorted Sandwiches		Pulled Beef on a Bun Caesar Salad Potato Wedges <i>or</i> Assorted Sandwiches		Salmon Salad Croissant Spinach Salad <i>or</i> Assorted Sandwiches		Cheese Ravioli with Roasted Tomato Sauce Garlic Stick Mixed Vegetables <i>or</i> Assorted Sandwiches		Chicken Strips Potato Salad Tossed Salad <i>or</i> Assorted Sandwiches		Pyrohy Kobasa Sour Cream Garden Salad Assorted Sandwiches					
<b>Dessert</b>	Ice Cream		Fruit Cocktail		Jell-O		Vanilla Ice Cream		French Vanilla Cake		Butterscotch Pudding		Ice Cream					
<b>Soup</b>	Beef Vegetable		Mushroom		Tortilla Soup		Chicken Noodle		Borscht		Cream of Vegetable		Tomato and Lentil Soup					
<b>Supper</b>																		
<b>Entrée</b> <i>*Alternative entrée</i>	Beef Stew in Red Wine Mashed Potatoes Green Beans  <i>Savory Meatballs*</i>		Creamy Roast Garlic Chicken Gnocchi Carrots  <i>Roast Beef*</i>		Pasta with Meatballs & Tomato Sauce Mixed Vegetables  <i>Roast Turkey *</i>		Herb Roasted Chicken Thigh Broccoli Mashed Potatoes  <i>Crunchy Perch*</i>		Baked Basa Whipped Potatoes Zucchini  <i>Cantonese Pork*</i>		Beef Strips in Red Wine Mashed Potatoes Turnips  <i>Chicken Fingers*</i>		Ham Scalloped Potatoes PEI Mixed Vegetables  <i>Chicken Cacciatore*</i>					
																		
<b>Dessert</b>	Tiramisu		Berry Crumble		Trifle		Chocolate Éclair		Assorted Desserts		Diced Peaches		Banana Cream Pie					
<b>PM/HS Snack</b>	Fruit Bread		Fresh Banana		Bon Ton Special		Banana Bread		Doughnut		Yogurt		Mini Muffin					
<b>Condiments</b>	• Bread • Buns • Margarine •																	