




2023 Spring- Summer Menu (Residents Only)

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	May 1 May 28 Jun 26	Jul 24 Aug 21 Sep 18	May 2 May 29 Jun 27	Jul 25 Aug 22 Sep 19	May 3 May 31 Jun 28	Jul 26 Aug 23 Sep 20	May 4 Jun 01 Jun 29	Jul 27 Aug 24 Sep 21	May 5 Jun 02 Jun 30	Jul 28 Aug 25 Sep 22	May 6 Jun 03 Jul 01	Jul 29 Aug 26 Sep 23	May 7 Jun 04 Jul 02	Jul 30 Aug 27 Sep 24
	Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •												
Breakfast 	Oat Bran Cereal Bacon Egg and Cheese Tart Toast or Cold Cereal		Cream of Wheat Cereal Fruit French Toast Sausage or Cold Cereal		Cornmeal Cereal Toast and Fruit Boiled Eggs or Cold Cereal		Oatmeal Cereal Toast and Fruit Mini Pancakes and Yogurt or Cold Cereal		Cream of Wheat Cereal Toast and Fruit Grilled Bacon or Cold Cereal		Oat Bran Cereal Toast and Fruit Scrambled Eggs or Cold Cereal 		Oatmeal Cereal Toast Cheese slice Fresh Fruit or Cold Cereal	
Lunch														
Entree	Beef Pot Roast on a Brioche Bun Tossed Salad or Assorted sandwiches		Macaroni and Cheese with Italian Sausage Mixed Vegetables or Assorted sandwiches		Chili Con Carne Garlic Bread Caesar Salad or Assorted sandwiches		Chicken Quesadilla Rice and Corn or Assorted sandwiches		Hamburger Tomato, Lettuce & Onions and Fries Caesar Salad or Assorted sandwiches		Teriyaki Chicken Wings Potato Salad Mixed Vegetables or Assorted Sandwiches		Quiche with Ham & Cheese Garden Salad or Assorted sandwiches	
Dessert	Canned Pears		Ice Cream		Assorted Desserts		Vanilla Pudding		Seasonal Berries		Butterscotch Ice Cream		German Chocolate Cake	
Soup	Ground Beef & Tomato		Cream of Mushroom		Navy Bean Soup		Garden Vegetable Soup		Spring Borshch		Chicken Rice		Cream Butternut Squash	
Supper														
Entrée <i>*Alternative entrée</i>	Baked Salmon Fillet With a Herb Crust Sea Shell Pasta Peas <i>Meatballs & Gravy*</i>		Turkey Meatballs Basil Tomato Sauce Carrot Baton Egg Noodles Tossed Salad <i>Pork Cutlet*</i>		Maple and Mustard Roasted pork Loin Whipped Potatoes Broccoli Florets <i>Liver & Onions*</i>		Southern Baked Chicken California Vegetables and Mashed Potatoes <i>Chicken Burger*</i>		Tavern Battered Haddock California Vegetables Parsley Potatoes <i>Vegetable Lasagna*</i>		Beef & Vegetable Stir Fry Steamed Rice Turnip <i>Roast Turkey*</i>		Roast Turkey with Gravy Whipped Potatoes Glazed Minted Carrots <i>Poached Sole*</i>	
Dessert	Oranges		Watermelon		Fudge Cake		Lemon Tart		Blueberry Crisp		Jello		Lemon Pie	
PM/HS Snack	Fruit Loaf		Mini Cupcakes		Cinnamon Bun		Fresh Banana		Mini Croissant		Yogurt		Assorted Danish	
Condiments	• Bread • Buns • Margarine •													