

January 2025

Millennium Pavilion Seniors' Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All residents are welcome to join all the activities in the calendar. All Activities are subject to change. Saturday, Sunday, & most evening programs are volunteer led.		1	2 9:30 Fit for Life 10:30 Learn Treadmill 1:30 Balloon Badminton 3:00 Finding Words 6:15 Bingo	3 9:30 Fit for Life 10:00 Brain Games 2:00 New Year's & Orthodox Christmas Party	4 1:15 Bingo 2:30 Manicures
5 2:00 Ukr/Eng Catholic Liturgy (Chapel)	6 9:30 Fit for Life 10:30 Coffee Corner 1:30 Card Bingo 2:30 Tuck Cart 3:30 Hangman	7 9:30 Calorie Crusher 10:30 Uno 1:30 Arts & Crafts 2:30 Laugh out Loud 6:00 Bingo	8 9:30 Resident Meeting 10:30 Food Committee Meeting 1:30 Learn Chess	9 9:30 Fit for Life 10:30 Learn Bike 1:30 Target Golf 3:00 Scattergories 6:15 Bingo	10 9:30 Fit for Life 10:30 Baking 2:00 Crib Tournament	11 1:15 Bingo 2:30 Manicures
12 2:00 Ukr/Eng Catholic Liturgy (Chapel)	13 9:30 Fit for Life 10:30 Coffee Corner 1:30 Health Awareness Presentation 2:30 Card Bingo	14 9:30 Calorie Crusher 10:30 Kings in the Corner 1:30 Colouring 2:30 Tuck Cart 6:00 Bingo	15 9:30 Fit for Life 10:30 Learn Treadmill 2:00 Birthday Party by Craig Repchuk	16 10:00 Ukr/ENG Catholic Liturgy (8th Floor) 1:30 Take down Décor 6:15 Bingo	17 9:30 Fit for Life 10:00 Brain Games 1:00 Outing: Sherwood Park Bowling	18 1:15 Bingo 2:30 Manicures
19 10:30 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)	20 9:30 Fit for Life 10:30 Coffee Corner 1:30 Card Bingo 2:30 Tuck Cart	21 9:30 Calorie Crusher 11:00 Outing: Yang Ming Chinese Buffet 6:00 Bingo	22 9:30 Fit for Life 10:30 Learn Bike 2:00 Winter Carnival	23 9:30 Fit for Life 10:30 Dominoes 1:30 Bowling 3:00 Concentration 6:15 Bingo	24 9:30 Fit for Life 10:30 Baking 2:00 Reminiscing	25 1:15 Bingo 2:30 Manicures
26 10:30 Games with Joelle 2:00 Ukr/Eng Catholic Liturgy (Chapel)	27 9:30 Fit for Life 10:30 Coffee Corner 1:30 Card Bingo 2:30 Tuck Cart 3:30 Hangman	28 Hawaiian Theme Day 9:30 Fit for Life 10:30 Pictionary 1:30 Beach Volleyball 2:30 Travel to Hawaii 6:00 Bingo	29 9:30 Calorie Crusher 10:30 Monopoly Deal 1:30 Learn Checkers	30 9:30 Fit for Life 1:30 Darts 3:00 Decorate for Valentine's 6:15 Bingo	31 9:30 Fit for Life 10:00 Brain Games 2:00 Movie & Popcorn	All activities are in the 8th floor lounge unless otherwise stated. (H.H.) – Heritage Hall (Chapel) – LTC Chapel