

Newsletter

April 2025



A message from the Activities Convener...

Hello all,

We will be having a federal election polling station on site, look out for more information as we get closer to the day.

Last month was lucky for some of us as we celebrate St. Patrick's Day and won big at the casino. We also had everything from Irish coffee & tea to Irish music.

Some key points to highlight this month include an Engagement Tea Party, Walking Group, & Easter programs. If you have an engagement photo or a photo with you and your spouse around the that time and would like to have a copy of it in our guessing game for the Engagement tea party, see Nicholle by April 1. Also, please, no gifts. Walking group will be meeting on the 8th floor. If the weather is nice out, we will be going outside; if not, we will do a walk in the building. Easter programming includes easter crafts & easter social. There will be a couple projects to pick from for the easter crafts and you won't want to miss our scavenger hunt during the social!

Outings for this month include Walmart/ Dollarama/Tim Horton's and Boston Pizza. Don't forget to sign up as there are limited spaces available. Have a look at your recreation calendar for all the details.

-Nicholle Lloyd

Did you know...?

What is glaucoma?

"Glaucoma is an eye disease in which it is thought the internal pressure of your eye rises to a point that the optic nerve is damaged. The pressure that builds up is due to a problem in the production, flow or drainage of fluid normally produced in your eye. Glaucoma is one of the leading causes of blindness in Canada."

Source: Vision Institute

For more information visit:

www.myhealth.alberta.ca or speak to your health care professional.

Upcoming Events

- Election Polling Station
- Engagement Tea Party
- Laugh out Loud
- Walking Group
- Decorating
- Movie & Popcorn
- Health Awareness Presentation
- Sip & Chat
- Crib tournament
- Birthday Party
- Manicures
- Baking
- Fitness Classes
- Outings
- Games
- Tuck Cart
- Bingo
- Church Services
- Hangman
- Arts & Crafts

**Stay safe & enjoy Spring
Everyone!!!**



April Birthdays

Thomas M. April 7
Reta C. April 9
Ron H. April 13
Amalija B. April 16
Giacinta D. April 29
Elmer S. April 29
Mary C.



Residents enjoying a special treat during the Valentine's Pub Afternoon!

Want to Volunteer?

There are many different opportunities to volunteer for whether you want to help with the dining room, welcoming new residents, or in recreation there is a place for you!

Get in touch with:

Nicholle (780-473-5621 Ext. 3240) or
Jasmine (780-473-5621 Ext. 4534).



Residents celebrating the only March birthday!

Did you know?

We hold regular health and wellness presentations (please check the calendar) and have an education board by the piano.

Your Safety

While in our building, the safety of our residents, staff, family, visitors and volunteers is very important to us. Should you notice something that you think is unsafe, or should you experience an incident where your safety was compromised, please complete a Concerns Resolution Form and take it to the Manager. The Manager will investigate your concern and will follow up with you. These forms can be found in a binder on the main floor, next to the sign in/out book.



Residents enjoying our tea party led by our resident volunteers!

Have Great Days