
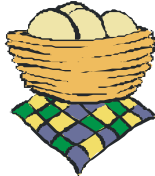




2023-24 Fall – Winter Menu MP Lodge

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 25	Dec 18	Sept 26	Dec 19	Sept 27	Dec 20	Sept 28	Dec 21	Sept 29	Dec 22	Sept 30	Dec 23	Oct 01	Dec 24
	Oct 23	Jan 15	Oct 24	Jan 16	Oct 25	Jan 17	Oct 26	Jan 18	Oct 27	Jan 19	Oct 28	Jan 20	Oct 29	Jan 21
	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15	Nov 24	Feb 16	Nov 25	Feb 17	Nov 26	Feb 18
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Cream of Wheat Toast Fried Eggs <i>or</i> Cold Cereal		Oatmeal Cereal Toast Sausages <i>or</i> Cold Cereal		Oat Bran Cereal Toast Scrambled Eggs <i>or</i> Cold Cereal		Corn Meal Cereal Toast Grilled Bacon <i>or</i> Cold Cereal		Cream of Wheat Toast Blueberry Pancakes <i>or</i> Cold Cereal		Oatmeal Cereal Toast Cinnamon Bun <i>or</i> Cold Cereal		Oat Bran Cereal Cheese Omelets Toast <i>or</i> Cold Cereal	
Lunch														
<i>Entrée</i>	Grilled Chicken & Tomato Sandwich Potato Salad <i>or</i> Assorted Sandwiches		Cod Cakes French Fries Coleslaw Tossed Salad <i>or</i> Assorted Sandwiches		Chicken Salad in a Home Baked Croissant Caesar Salad Herring <i>or</i> Assorted Sandwiches		Macaroni and Cheese Mixed Vegetables Garden Salad <i>or</i> Assorted Sandwiches		Cabbage Rolls Kovbasa California Vegetables Tossed Salad <i>or</i> Assorted Sandwiches		Potato Pancakes Sausages Beet Salad Cucumber Salad <i>or</i> Assorted Sandwiches		Chicken Breast Stuffed w Cheese & Broccoli Mixed Vegetables Garlic Bread Caesar Salad <i>or</i> Assorted Sandwiches	
<i>Dessert</i>	Sliced Peaches		Lemon Streusel Cake		Berries		Fruit Cocktail		Nanaimo Bar		Watermelon Slices		Canned Pears	
<i>Soup</i>	Tomato Rice		Chicken Vegetable		Borshch		Tortilla Soup		Mushroom		Beef Barley		Split Pea	
Supper														
<i>Entrée</i>	 Beef Meatloaf and Mushroom Sauce Mashed Potatoes Corn Cucumber Salad		Chicken Breast Stuffed with Apple and Brie Egg Noodles California Vegetables Quinoa Salad		Balsamic and Tomato Baked Pork Loin Parsley Potatoes Fresh Cauliflower Florets Spinach Salad		Beef Stew Mashed Potatoes Green Beans Shredded Carrot Salad 		Baked Herb Crusted Cod Mashed Potatoes Carrot Coins Garden Salad		Grilled Ham Steak Steamed Potatoes Zucchini Tomato Salad 		Shepherd's Pie Yellow Beans Tossed Salad	
<i>Dessert</i>	Berry Crumble		Butterscotch Pudding		Ice Cream		Apple Pie		Trifle		German Chocolate Cake		Banana Cake	
PM/HS Snack	Fruit & Cookies		Yogurt & Fruit		Bon Ton Special & Fruit		Blueberry Coffee Cake & Fruit		Mini Cinnamon Bun & Fruit		Fruit, Cheese & Crackers		Fruit Bread	
Condiments	• Bread • Buns • Margarine •													

Soup & Dessert May Change Without Notice