SMHG	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Oct 02 Dec 25 Oct 30 Jan 22 Nov 27 Feb 19	Oct 03 Dec 26 Oct 31 Jan 23 Nov 28 Feb 20	Oct 04 Dec 27 Nov 01 Jan 24 Nov 29 Feb 21	Oct 05 Dec 28 Nov 02 Jan 25 Nov 30 Feb 22	Oct 06 Dec 29 Nov 03 Jan 26 Dec 01 Feb 23	Oct 07 Dec 30 Nov 04 Jan 27 Dec 02 Feb 24	Oct 08 Dec 31 Nov 05 Jan 28 Dec 03 Feb 25
Beverages			Tea	Lactaid	Buttermilk •		
Breakfast	Oatmeal Cereal Cinnamon French Toast Fruit Or Cold Cereal	Oat Bran Cereal Toast Waffles Fruit or Cold Cereal	Cream of Wheat Bacon Scrambled Eggs Toast Fruit or Cold Cereal	Oatmeal Cereal Toast Fruit Cheddar Cheese or Cold Cereal	Oat Bran Cereal Toast Fruit Pancakes or Cold Cereal	Cornmeal Cereal Toast Fruit Poached Eggs or Cold Cereal	Cream of Wheat Toast Fruit Turkey Sausage or Cold Cereal
Lunch							
Entree	Ruben Sandwich Caesar Salad Bean Salad or Assorted Sandwiches	Fajita Chicken strips With fried rice and Vegetables Caesar Salad or Assorted Sandwiches	Pizza Greek Salad Vegetable sticks with Ranch dip or Assorted Sandwiches	Nalysnyky/Sour Cream Kovbasa Coleslaw Salad or Assorted Sandwiches	Hamburger Tomato Lettuce and Onion Potato Wedges Caesar Salad or Assorted Sandwiches	Quiche with Ham and Cheddar Cheese Green Salad Garden Salad or Assorted Sandwiches	Cheese Tortellini Tomato & Red Onion Salad or Assorted Sandwiches
Dessert	Vanilla Ice Cream	Date Squares	Rhubarb and Granola Parfait	Apple Pie	Tapioca	Orange Segments	Watermelon
Soup	Butternut Squash and Coconut	Mushroom	Pea Soup	Potato	Tomato Roasted Garlic	Lentil	Chicken Rice
Supper							
Entrée	Cranberry Stuffed Roast Pork Roasted Potatoes Peas & Carrots Cucumber Salad	Honey Ham Whipped Potatoes California Vegetables Garden Salad	Italian Meatballs Broccoli Florets Mashed Potatoes Garden Salad	Bacon Cream Cheese Cheddar Chicken Mashed Potatoes Romaine Salad	Salmon Wellington Rice Mixed Vegetables Tomato Salad Entrée 2 Veal Cutlet	BBQ Chicken Drumsticks Mashed Potatoes Italian Mixed Veg Romaine Salad	Roast Turkey Whipped Potatoes Carrot Coins Garden Salad
Dessert	Coconut Cream Pie	Caramel Cake	Maple Chocolate Cake	Assorted Deserts	Orange Layer Cake	Apple Strudel	Carrot Cake
PM/HS Snack	Fruit & Chocolate Coffee Cake	Cheese Danish & Fruit	Fresh Banana	Fruit & Yogurt	Cinnamon Bun & Fruit	Mini Danish & Fruit	Fruit & Cookies
			• Br	ead ● Buns ● Margarine	•		