

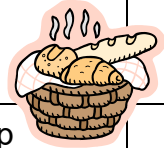


2022-23 Fall – Winter Menu MP Lodge

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 09	Jan 01	Oct 10	Jan 02	Oct 11	Jan 03	Oct 12	Jan 04	Oct 13	Jan 05	Oct 14	Jan 06	Oct 15	Jan 07
	Nov 06	Jan 29	Nov 07	Jan 30	Nov 08	Jan 31	Nov 09	Feb 01	Nov 10	Feb 02	Nov 11	Feb 03	Nov 12	Feb 04
	Dec 04	Feb 26	Dec 05	Feb 27	Dec 06	Feb 28	Dec 07	Feb 29	Dec 08	March 01	Dec 09	March 02	Dec 10	March 03
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oat Bran Boiled Eggs Toast Fruit <i>or</i> Cold Cereal		Oatmeal Waffles Toast Fruit <i>or</i> Cold Cereal		Cream of Wheat Dutch Pancakes Sausages Toast Fruit <i>or</i> Cold Cereal		Cornmeal French Toast Cheese Slice Toast Fruit <i>or</i> Cold Cereal		 Oatmeal Western Omelet Toast Fruit <i>or</i> Cold Cereal		Cream of Wheat Breakfast Sausage Toast Fruit <i>or</i> Cold Cereal		Oat Bran Toast Fruit Cheese Slice <i>or</i> Cold Cereal	
Lunch														
<i>Entree</i>	Italian Meatballs on Shell Pasta Peas Bean Salad <i>or</i> Assorted Sandwiches		Potato & Cheddar Pyrohy Kovbasa Garden Salad Beets <i>or</i> Assorted Sandwiches		Chicken Quesadilla Rice Peas & Carrots Caesar Salad <i>or</i> Assorted Sandwiches		Potato Pancakes Sausages Zucchini <i>or</i> Assorted Sandwiches		Vegetable Lasagna Spinach Salad Roll Mops <i>or</i> Assorted Sandwiches		Baked Cheese Tortellini w Tomato Sauce Tossed Salad Cucumber Salad <i>or</i> Assorted Sandwiches		Salisbury Steak Onion Gravy Mashed Potatoes Green Beans Tossed Salad <i>or</i> Assorted Sandwiches	
<i>Dessert</i>	Chocolate Cream Pie		Apricot Halves		Butterscotch Pudding		Strawberries		Lemon Cream Cake		Fruit Cocktail		Ice Cream	
	Carrot & Parsnip		Chicken & Broccoli		Mushroom		Borshch		Chicken Noodle		Cream of Cauliflower		Sauerkraut	
Supper														
<i>Entrée</i>	Honey Mustard Chicken Breast Rice Pilaf Green Beans Tossed Salad		Beef Pot Roast w Red Wine Gravy Mashed Potatoes California Vegetables Garden Salad		Beer Battered Haddock Mashed Potatoes Italian Mixed Vegetables Garden Salad Entree 2 Pulled Pork		Pork Loin w Mushroom Sauce Egg Noodles Carrots Cucumber Salad		Salmon Filet Mashed Potatoes PEI Mixed Veggies Tossed Salad Entree 2 Cantonese Pork		Honey Glazed Ham Scalloped Potatoes Peas Garden Salad		Chicken Pilaf Lemon Rice Roasted Peppers Sweet Pickles	
<i>Dessert</i>	Lemon Streusel Cake		Apple Crisp 		Ice Cream		Lemon Meringue Pie		Sliced Peaches		Jell-O		Pumpkin Pie	
PM/HS Snack	Mini Muffin		Sweet Cheese Bun		Bon Ton Special		Assorted Cookies		Croissants		Blueberry Coffee Cake		Danish	
Condiments	• Bread • Buns • Margarine •													

Soup And Dessert May Change Without Notice