





Gravy With All Meals –Soup And Dessert May Change Without Notice

2023-24 Fall - Winter Menu MP Lodge

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 16	Jan 08	Oct 17	Jan 09	Oct 18	Jan 10	Oct 19	Jan 11	Oct 20	Jan 12	Oct 21	Jan 13	Oct 22	Jan 14
	Nov 13	Feb 05	Nov 14	Feb 06	Nov 15	Feb 07	Nov 16	Feb 08	Nov 17	Feb 09	Nov 18	Feb 10	Nov 19	Feb 11
	Dec 11	March 04	Dec 12	March 05	Dec 13	March 06	Dec 14	March 07	Dec 15	March 08	Dec 16	March 09	Dec 17	March 10
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oat Bran Cereal Scrambled Eggs Toast Fruit or Cold Cereal		Cream of Wheat Cereal Toast Fruit Pancakes & Sausages or Cold Cereal		Oatmeal Cereal Toast Fruit Grilled Bacon or Cold Cereal		Corn Meal Toast Fruit Boiled Eggs or Cold Cereal		Cream of Wheat Cereal Toast French Toast or Cold Cereal		Oatmeal Cereal Toast Fruit Cheese Slice or Cold Cereal		Oat Bran Toast Fruit Pan Omelet or Cold Cereal	
Lunch	 													
Entree	Chicken Chow Mien Noodles Stir Fry Vegetables Caesar Salad or Assorted sandwiches		Chili Con Carne Garlic Stick Italian Mix Vegetable Tossed Salad or Assorted sandwiches		Hot Turkey Sandwich California Mixed Vegetables Garden Salad or Assorted sandwiches		Leek, Cheese & Potato Puff Pastry Sausages Tomato Slices Cucumber Salad or Assorted sandwiches		Beer Battered Cod Potato Wedges Coleslaw Olives or Assorted sandwiches		Baked Mushroom Ravioli Caesar Salad Pickles or Assorted Sandwiches		Potato and Cheese Pyrohy Turkey Sausages Tossed Green Salad or Assorted sandwiches	
Dessert	Assorted Desserts		Orange Sections		Lemon Pie		Butter Tart		Cheese Cake		Vanilla Ice Cream		Bananas	
Soup	Garden Vegetable Soup		Cream of Butternut Squash		Broccoli & Potato		Tomato & Lentil		Borsht		Spilt Pea & Parsnip		Leek & Cabbage	
Supper														
Entrée	Teriyaki Baked Salmon Fillet Rice Blend Peas Garden Salad Entrée 2 Meatballs with Mushroom Sauce		Southern Baked Chicken Whipped Potatoes Corn Niblets Caesar Salad		Sun Dried Tomato Pork Roast w Gravy Whipped Potatoes Broccoli Florets Quinoa Salad		Herb Roasted Chicken Thigh Egg Noodles Peas and Carrots Tossed Salad		Italian Meatballs w Mushroom Sauce Rice PEI Vegetables Spinach Salad		Honey Garlic Pork Shanks Scalloped Potatoes Italian Vegetables Caesar Salad		Roast Turkey Gravy Whipped Potatoes Glazed Carrots Garden Salad	
Dessert	Fruit Cocktail		Banana Cream Pie		Coffee Cake		Diced Pears		Apple Pie		Jell-O		Lemon Meringue Pie	
PM/HS Snack	Puree Fruit Cup		Cheese & Crackers		Banana		Muffin		Croissants		Yogurt		Baked Cookie	
Condiments	• Bread • Buns • Margarine •													