



1st Floor

JANUARY 2025



St. Michael's
HEALTH GROUP

LTCC Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden (1-1) - One-on-one			1 Sorry, No Recreation Programs Today! <i>New Years Day</i>	2 10:00 Art Club: Colouring (AR) 2:00 Bowling (AR) 3:30 Friendly Visits (1-1)	3 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 1:30 Bingo (B) 6:15 Yahtzee (RR)	4 10:00 Music with Georgina 1:30 Theatre Club (AR)
5 2:00 UKR/ENG Catholic Liturgy (C) 	6 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (G) 6:15 Yahtzee (RR)	7 10:00 Balloon Volleyball (B) 2:00 Anglican Service (AR) 3:30 BUDII (1-1)	8 10:30 UKR. Orthodox Liturgy (C) 2:00 Curling (AR) 3:30 Nifty Nails (1-1)	9 5:00 Resident and Family Christmas Dinner in Heritage Hall	10 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 1:30 Bingo (R) 6:15 Yahtzee (RR)	11 10:00 Music with Bianca 1:30 Theatre Club (AR)
12 2:00 UKR/ENG Catholic Liturgy (C)	13 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (B) 6:15 Yahtzee (RR)	14 10:00 Balloon Volleyball (R) 2:00 Roman Catholic Mass (C) 3:30 Nifty Nails (1-1)	15 10:00 Brain Games (G) 1:45 St. Matthew School Choir (HH)	16 10:00 Art Club: Painting Snowy Trees (AR) 2:00 Bowling (AR) 3:30 Friendly Visits (1-1)	17 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 1:30 Harm's Christmas Bingo (G) 6:15 Yahtzee (RR)	18 10:30 Children's Visit (AR) 1:30 Theatre Club (AR)
19 2:00 UKR/ENG Catholic Liturgy (C) 	20 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (R) 6:15 Yahtzee (RR)	21 10:00 Balloon Volleyball (G) 2:00 Baptist Service (AR) 3:15 Resident Council Meeting (RR) 3:30 BUDII (1-1)	22 10:00 Brain Games (R) 1:15 Muttart Conservatory Outing	23 10:00 Art Club: Snowflakes (AR) 2:00 Monthly Birthday Party with Douglas (HH) 6:15 Connecting Café (Day Support Room)	24 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 1:30 Bingo (B) 6:15 Yahtzee (RR)	25 10:00 Music with Georgina 1:30 Theatre Club (AR)
26 2:00 UKR/ENG Catholic Liturgy (C)	27 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (G) 6:15 Yahtzee (RR)	28 10:00 Balloon Volleyball (B) 2:00 Roman Catholic Mass (C) 3:30 Nifty Nails (1-1)	29 10:00 Brain Games (B) 2:00 Curling (AR) 3:30 Friendly Visits (1-1)	30 10:00 Art Club: Doily Dobbing (AR) 6:00 Ukrainian Dance Group (HH)	31 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 1:30 Bingo (R) 6:15 Yahtzee (RR)	



Recreation programs are subject to last minute changes. If you have questions, please contact Brooke, Recreation Manager at (780) 473-5621 ext. 3409 or bringuette@smhg.ca.



2nd Floor

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel	(HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden (1-1) - One-on-one		1 Sorry, No Recreation Programs Today! <i>New Years Day</i>	2 10:00 Art Club: Colouring (AR) 2:00 Bowling (AR) 3:30 Friendly Visits (1-1)	3 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 2:00 Music Bingo (R) 3:30 BUDII (1-1)	4 11:00 Music with Georgina 1:30 Theatre Club (AR)
5 2:00 UKR/ENG Catholic Liturgy (C) 	6 10:00 Morning Moves (R, G, B) 2:00 Brain Games (AR) 3:30 BUDII (1-1)	7 10:00 Activity Cart (1-1) 2:00 Anglican Service (AR) 3:30 Nifty Nails (1-1) 6:15 Activity Cart (1-1)	8 10:30 UKR. Orthodox Liturgy (C) 2:00 Curling (AR) 3:30 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	9 5:00 Resident and Family Christmas Dinner in Heritage Hall	10 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 2:00 Card Bingo (B) 3:30 BUDII (1-1)	11 11:00 Music with Bianca 1:30 Theatre Club (AR)
12 2:00 UKR/ENG Catholic Liturgy (C)	13 10:00 Morning Moves (R, G, B) 2:00 Table Games (AR) 3:30 Friendly Visits (1-1)	14 10:00 BUDII (1-1) 2:00 Roman Catholic Mass (C) 3:30 Woodworking (B) 6:15 Activity Cart (1-1)	15 10:00 Balloon Volleyball (R) 1:45 St. Matthew School Choir (HH) 6:15 Sensory Room (1-1)	16 10:00 Art Club: Painting Snowy Trees (AR) 2:00 Bowling (AR) 3:30 Friendly Visits (1-1)	17 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 2:00 Music Bingo (G) 3:30 BUDII (1-1)	18 10:30 Children's Visit (AR) 1:30 Theatre Club (AR)
19 2:00 UKR/ENG Catholic Liturgy (C) 	20 10:00 Morning Moves (R, G, B) 2:00 Brain Games (AR) 3:30 BUDII (1-1)	21 10:00 Activity Cart (1-1) 2:00 Baptist Service (AR) 3:30 Nifty Nails (1-1) 6:15 Activity Cart (1-1)	22 10:00 Baking (RR) 1:15 Muttart Conservatory Outing 6:15 Sensory Room (1-1)	23 10:00 Art Club: Snowflakes (AR) 2:00 Monthly Birthday Party with Doug (HH) 6:15 Connecting Café (Day Support Room)	24 9:45 Friendly Visits (1-1) 10:30 Hymn Sing (AR) 2:00 Music Bingo (R) 3:30 BUDII (1-1)	25 11:00 Music with Georgina 1:30 Theatre Club (AR)
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