

1st Floor

FEBRUARY 2025



St. Michael's
HEALTH GROUP

LTCC Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel</p>	<p>(1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden</p>						<p>1</p> <p>Sorry, No Recreation Programs Today</p>
<p>2 2:00 UKR/ENG Catholic Liturgy (C)</p>	<p>3 10:00 Fun & Fit (R) 11:00 Friendly Visits (1-1) 1:30 Bingo (B) 6:15 Yahtzee (RR)</p>	<p>4 10:00 Balloon Volleyball (B) 2:00 Anglican Service (AR) 3:30 Nifty Nails (1-1)</p>	<p>5 10:30 UKR. Orthodox Liturgy (C) 1:00 Sherwood Park Bowling</p>	<p>6 10:00 Art Club: Coloring (AR) 1:45 Movie Matinee (HH)</p>	<p>7 10:00 Baking: Tea Biscuits (RR) 1:30 Bingo (G) 3:30 Activity Cart (1-1) 6:15 Yahtzee (RR)</p>	<p>8 10:00 Activity Cart (1-1) 1:30 Theatre Club (AR)</p>	
<p>9 2:00 UKR/ENG Catholic Liturgy (C)</p>	<p>10 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:00 Outing to Katherine Therrien School 1:30 Bingo (R) 6:15 Yahtzee (RR)</p>	<p>11 10:00 Balloon Volleyball (G) 2:00 Roman Catholic Mass (C) 3:30 BUDDI (1-1)</p>	<p>12 10:00 Brain Games (R) 2:00 Monthly Birthday Party (HH)</p>	<p>13 10:00 Art Club: Valentine's Day Craft (AR) 2:00 Curling (AR) 3:45 Friendly Visits (1-1)</p>	<p>14 9:00 Ladies Breakfast (RR) 10:00 Delivering Valentines Day Grams 2:00 Valentines Day Happy Hour & Karaoke (HH)</p>	<p>15 10:30 Children's Visits (AR)</p>	
<p>16 2:00 UKR/ENG Catholic Liturgy (C)</p>	<p>17 Sorry, No Recreation Programs Today Family Day</p>	<p>18 10:00 Balloon Volleyball (R) 2:00 Baptist Service (AR) 3:30 Yahtzee (G)</p>	<p>19 10:00 Brain Games (G) 1:30 St. Matthew's School Choir (HH) 3:45 Friendly Visits (1-1)</p>	<p>20 10:00 Art Club (AR): Painting Vinyl Records 2:00 Entertainment with Wes & Wendy (AR) 3:45 Friendly Visits (1-1)</p>	<p>21 9:00 Men's Breakfast (RR) 10:30 Hymn Sing (AR) 1:30 Bingo (B) 3:30 Activity Cart (1-1) 6:15 Yahtzee (RR)</p>	<p>22 Sorry, No Recreation Programs Today!</p>	
<p>23 2:00 UKR/ENG Catholic Liturgy (C)</p>	<p>24 10:00 Fun & Fit (R) 11:00 Friendly Visits (1-1) 1:00 Outing to Katherine Therrien School 1:30 Bingo (G) 6:15 Yahtzee (RR)</p>	<p>25 10:00 Balloon Volleyball (B) 2:00 Roman Catholic Mass (C) 3:30 BUDDI (1-1) 6:15 Ukrainian Dance Group (HH)</p>	<p>26 10:00 Friendly Visits (1-1) 11:30 Walmart & Burger King Lunch</p>	<p>27 10:00 Art Club: Making Tea Lights (AR) 2:00 Bowling (AR) 3:45 Friendly Visits (1-1)</p>	<p>28 9:00 Ladies Breakfast (RR) 10:30 Hymn Sing (AR) 1:30 Bingo (R) 3:30 Activity Cart (1-1) 6:15 Yahtzee (RR)</p>		

Recreation programs are subject to last minute changes. If you have questions, please contact Brooke, Recreation Manager at (780) 473-5621 ext. 3409 or bringuette@smhg.ca.

2nd Floor

FEBRUARY 2025



LTCC Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel	(1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden						1 Sorry, No Recreation Programs Today
2 2:00 UKR/ENG Catholic Liturgy (C)	3 10:15 Morning Moves (AR) 2:15 Brain Games (AR) 3:45 BUDII (1-1)	4 10:00 Activity Cart (1-1) 2:00 Anglican Service (AR) 3:15 Yahtzee (R) 6:15 Activity Cart (1-1)	5 10:30 UKR. Orthodox Liturgy (C) 1:00 Sherwood Park Bowling 6:15 Sensory Room (1-1)	6 10:00 Art Club: Coloring (AR) 1:45 Movie Matinee (HH) 6:15 Friendly Visits(1-1)	7 10:00 Balloon Volleyball (AR) 2:00 Card Bingo (R) 3:45 BUDII (1-1) 3:45 Friendly Visits (1-1)	8 11:00 Activity Cart (1-1) 1:30 Theatre Club (AR)	
9 2:00 UKR/ENG Catholic Liturgy (C)	10 10:15 Morning Moves (AR) 2:15 Bean Bag Toss (AR) 1:00 Outing to Katherine Therrien School 3:45 BUDII (1-1)	11 10:00 BUDII (1-1) 2:00 Roman Catholic Mass (C) 3:15 Yahtzee (R) 6:15 Activity Cart (1-1)	12 10:00 Balloon Volleyball (AR) 2:00 Monthly Birthday Party (HH) 6:15 Sensory Room (1-1)	13 10:00 Art Club: Valentine's Craft (AR) 2:00 Curling (AR) 3:30 Nifty Nails (1-1) 6:15 Friendly Visits(1-1)	14 9:00 Ladies Breakfast (RR) 10:00 Delivering Valentines Day Grams 2:00 Valentines Day Happy Hour and Karaoke (HH)	15 10:30 Children's Visits (AR)	
16 2:00 UKR/ENG Catholic Liturgy (C)	Sorry, No Recreation Programs Today <i>Family Day</i>	18 10:00 Activity Cart (1-1) 2:00 Baptist Service (AR) 6:15 Activity Cart (1-1)	19 10:00 Balloon Volleyball (AR) 1:30 St. Matthew's School Choir (HH) 6:15 Sensory Room (1-1)	20 10:00 Art Club (AR): Painting Vinyl Records 2:00 Entertainment with Wes & Wendy (AR) 6:15 Friendly Visits(1-1)	21 9:00 Men's Breakfast (RR) 10:30 Hymn Sing (AR) 2:00 Music Bingo (G) 3:45 BUDII (1-1) 3:45 Friendly Visits (1-1)	22 Sorry, No Recreation Programs Today	
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