


















1st Floor Recreation Calendar MAY 2024



St. Michael's
HEALTH GROUP

LONG TERM CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel (CP) - Cafeteria Patio</p>	<p>1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden</p>		<p>1 10:30 Ukr. Orthodox Liturgy (C) 2:00 Perogy Making (RR) 3:30 Crossword Puzzles (R)</p>	<p>2 10:00 FLG School Visit (HH) 2:00 Bowling (G) 3:30 Sensory Room (1-1)</p>	<p>3 10:30 Hymn Sing (AR) 1:45 Bingo (R) 3:45 Yahtzee (RR)</p>	<p>4 10:00 Art Club (AR) 1:30 Blessing of the Pascha (Caf.)</p>
<p>5 2:00 UKR/ENG Cath. Liturgy (C)</p> 	<p>6 10:00 Fun & Fit (G) 10:45 Friendly Visits (1-1) 1:45 Bingo (G) 3:45 Yahtzee (RR)</p>	<p>7 10:00 Balloon Volleyball (R) 2:00 Anglican Service (AR) 2:15 Nifty Nails (1-1) 3:30 Outside Visits (1-1)</p>	<p>8 10:00 Brain Games (R) 11:30 Walmart Shopping with Lunch at Burger King</p> 	<p>9 10:00 Baking Scones (RR) 2:00 Mother's Day Ice Cream Social with Larry (AR)</p> 	<p>10 10:30 Hymn Sing (AR) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 3:45 Yahtzee (RR)</p> 	<p>11 11:00 Mother's Day Luncheon (HH) 2:30 Theatre Club (AR)</p>
<p>12 2:00 UKR/ENG Cath. Liturgy (C)</p> 	<p>13 10:00 Fun & Fit (G) 10:45 Friendly Visits (1-1) 1:45 Bingo (R) 3:45 Yahtzee (RR)</p>	<p>14 10:00 FLG School Visit (HH) 2:00 Roman Catholic Mass (C) 3:45 Outside Visits (1-1)</p>	<p>15 10:00 Brain Games (B) 1:15 Muttart Conservatory Outing 4:00 Friendly Visits (1-1)</p>	<p>16 10:00 Balloon Volleyball (B) 2:00 Monthly Birthday Party with Wes & Wendy (HH)</p> 	<p>17 10:30 Hymn Sing (AR) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 3:45 Yahtzee (RR)</p> 	<p>18 Sorry, No Recreation Programs Today</p>
<p>19 2:00 UKR/ENG Cath. Liturgy (C)</p> 	<p>20 Sorry, No Recreation Programs Today</p> 	<p>21 10:30 Fun & Fit (G) 2:00 Baptist Service (AR) 3:30 Resident Council Meeting (RR) 3:30 Nifty Nails (1-1)</p>	<p>22 10:00 Brain Games (R) 1:00 Country Drive Outing 2:00 Pottery Group (RR) 4:00 Friendly Visits (1-1)</p> 	<p>23 9:00 FLG School Setting up "Epic Living Space" 10:00 Friendly Visits (1-1) 2:00 Movie Matinee (HH)</p> 	<p>24 10:30 Hymn Sing (AR) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (RR)</p> 	<p>25 10:00 Art Club (AR) 2:00 Theatre Club (AR)</p>
<p>26 2:00 UKR/ENG Cath. Liturgy (C)</p> 	<p>27 10:00 Fun & Fit (G) 1:45 Bingo (R) 6:15 Yahtzee (RR)</p>	<p>28 10:00 FLG School Visit (HH) 2:00 Roman Catholic Mass (C) 2:00 Activity Cart (1-1) 3:45 Outside Visits (1-1)</p>	<p>29 10:00 Brain Games (B) 1:00 Edmonton Valley Zoo Outing</p> 	<p>30 10:15 Entertainment with Philip Johnstone (AR) 2:00 Balloon Volleyball (R) 2:00 Sensory Room (1-1)</p>	<p>31 10:30 Hymn Sing (AR) 1:45 Bingo (G) 3:30 Friendly Visits (1-1)</p> 	

Recreation programs are subject to change last minute changes. If you have questions, please contact Brooke, Recreation Manager at

(780) 473-5621 ext. 3409 or at bringuette@smhg.ca



2nd Floor Recreation Calendar MAY 2024



St. Michael's
HEALTH GROUP

LONG TERM CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel (CP) - Cafeteria Patio</p>	<p>1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden</p>		<p>1 10:30 Ukr. Orthodox Liturgy (C) 2:00 Perogy Making (RR) 3:30 Sensory Room (1-1)</p>	<p>2 10:00 FLG School Visit (HH) 2:00 Curling (AR) 3:30 Activity Cart (1-1)</p>	<p>3 10:30 Hymn Sing (AR) 2:15 Card Bingo 3:45 Sensory Room (1-1)</p>	<p>4 10:00 Art Club (AR) 1:30 Blessing of the Pascha (Caf.)</p>
<p>5 2:00 UKR/ENG Cath. Liturgy (C)</p>	<p>6 10:30 Brain Games (AR) 2:15 Balloon Volleyball 3:30 Friendly Visits (1-1) 3:30 Knitting Group</p>	<p>7 10:15 Fun & Fit (AR) 2:00 Anglican Service (AB) 2:15 Friendly Visits (1-1) 3:30 Sensory Room (1-1)</p>	<p>8 10:00 Sensory Room (1-1) 10:00 Would you rather? 11:30 Walmart Shopping with Lunch at Burger King</p>	<p>9 10:00 Curling (AR) 2:00 Mother's Day Ice Cream Social with Larry (AR)</p>	<p>10 10:30 Hymn Sing (AR) 2:30 Music Bingo 3:45 Nifty Nails (1-1)</p>	<p>11 11:00 Mother's Day Luncheon (HH) 2:30 Theatre Club (AR)</p>
<p>12 2:00 UKR/ENG Cath. Liturgy (C)</p>	<p>13 10:30 Coloring & Coffee (G) 2:30 Brain Games (AR) 3:30 Friendly Visits (1-1) 3:30 Knitting Group</p>	<p>14 10:00 FLG School Visit (HH) 2:00 Roman Catholic Mass (C) 2:15 Friendly Visits (1-1)</p>	<p>15 10:00 Baking Scones (RR) 1:00 Muttart Conservatory Outing 4:00 Friendly Visits (1-1)</p>	<p>16 10:00 Pottery Group (1-1) 2:00 Monthly Birthday Party with Wes & Wendy (HH)</p>	<p>17 10:30 Hymn Sing (AR) 2:15 Card Bingo 3:45 Sensory Room (1-1)</p>	<p>18 Sorry, No Recreation Programs Today</p>
<p>19 2:00 UKR/ENG Cath. Liturgy (C)</p>	<p>20 Sorry, No Recreation Programs Today</p>	<p>21 10:30 Woodworking (G) 2:00 Baptist Service (AB) 3:30 Resident Council Meeting (RR) 6:15 Sensory Room (1-1)</p>	<p>22 10:00 Fun & Fit (AR) 1:00 Country Drive Outing 6:15 Activity Cart (1-1)</p>	<p>23 9:00 FLG School Setting up "Epic Living Space" 2:00 Movie Matinee (HH) 6:15 Friendly Visits (1-1)</p>	<p>24 10:30 Hymn Sing (AR) 2:30 Music Bingo 3:45 Nifty Nails (1-1)</p>	<p>25 10:00 Art Club (AR) 2:00 Theatre Club (AR)</p>
<p>26 2:00 UKR/ENG Cath. Liturgy (C)</p>	<p>27 10:45 Friendly Visits (1-1) 2:00 Brain Games (RR) 3:30 Knitting Group</p>	<p>28 10:00 FLG School Visit (HH) 2:00 Roman Catholic Mass (C) 3:45 Outside Visits (1-1) 6:15 Sensory Room (1-1)</p>	<p>29 10:00 Fun & Fit (AR) 1:00 Edmonton Valley Zoo Outing</p>	<p>30 10:15 Entertainment with Philip Johnstone (AR) 2:00 Pottery Group (AR) 3:45 Sensory Room (1-1)</p>	<p>31 10:30 Hymn Sing (AR) 2:15 Card Bingo 3:45 Sensory Room (1-1)</p>	

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