


















# 1st Floor

# September 2024



## LTCC Recreation Calendar

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|---|--|--|---|--|---|---|
| 1<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>    | 2<br><b>Sorry, No Recreation Programs Today</b><br>Labour Day  | 3<br>10:00 Balloon Volleyball (R)<br>2:00 Anglican Service (AR)<br>3:30 Outside Visits (1-1)   | 4<br>10:30 UKR. Orthodox Liturgy (C)<br>1:30 Baking: Mug Cakes (RR)<br>    | 5<br>10:00 Art Club: Colouring Bookmarks (AR)<br><b>2:00 Entertainment with Matt (AB)</b><br>3:30 Outside Visits (1-1)   | 6<br>9:45 Friendly Visits (1-1)<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (B)<br>6:15 Yahtzee (RR)<br>   | 7<br><b>Sorry, No Recreation Programs Today</b>   |
| 8<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>National Grandparents Day  | 9<br>10:00 Fun & Fit (G)<br>11:00 Friendly Visits (1-1)<br>1:30 Bingo (R)<br>6:15 Yahtzee (RR)<br>                            | 10<br>10:00 Target Shooting (AR)<br>2:00 Roman Catholic Mass (C)<br>3:30 Outside Visits (1-1)<br> | 11<br>10:00 Brain Games (R)<br><b>1:00 Northeast River Valley Park</b><br> | 12<br>10:00 Art Club: Paint by Numbers (AR)<br><b>2:00 Happy Hour with Kennedy (HH)</b><br>3:30 Outside Visits (1-1)<br>                          | 13<br>9:45 Friendly Visits (1-1)<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (G)<br>6:15 Yahtzee (RR)   | 14<br><b>10:00 Children's Visits (AR)</b><br>1:15 Activity Cart (1st Floor)<br>2:30 Activity Cart (2nd Floor) |
| 15<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>  | 16<br>10:00 Fun & Fit (G)<br>11:00 Guacamole Making (RR)<br>1:30 Bingo (B)<br>6:15 Yahtzee (RR)<br><br>National Guacamole Day | 17<br>10:00 Balloon Volleyball (G)<br>2:00 Baptist Service (AR)<br><b>3:15 Resident Council Meeting (RR)</b><br>3:30 Outside Visits (1-1)  | 18<br>10:00 Brain Games (G)<br><b>1:00 Country Drive</b><br>              | 19<br>10:00 Art Club: Pine Cone Bouquets Part 1/2 (AR)<br><b>2:00 Monthly Birthday Part with Britz Duo (HH)</b><br>3:30 Outside Visits (1-1)<br> | 20<br>9:45 Friendly Visits (1-1)<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (R)<br>6:15 Yahtzee (RR)<br> | 22<br>10:00 Music with Georgina (2nd Floor)<br>1:30 Theatre Club (AR)   |
| 22<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>First Day of Fall   | 23<br>10:00 Fun & Fit (G)<br>11:00 Friendly Visits (1-1)<br>1:30 Bingo (G)<br>6:15 Yahtzee (RR)<br>                         | 24<br>10:00 Curling (AR)<br>2:00 Roman Catholic Mass (C)<br>3:30 Outside Visits (1-1)<br>       | 25<br>10:00 Brain Games (R)<br><b>1:00 Royal Alberta Museum</b><br>      | 26<br>10:00 Art Club: Pine Cone Bouquets Part 2/2 (AR)<br><b>2:00 Entertainment with Kay D. (AR)</b><br>3:30 Outside Visits (1-1)  | 27<br>9:45 Friendly Visits (1-1)<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (B)<br>6:15 Yahtzee (RR)   | 28<br>10:00 Music with Bianca (1st Floor)<br>1:30 Theatre Club (AR)   |
| 29<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br> | 30<br><b>Sorry, No Recreation Programs Today</b><br>Truth & Reconciliation Day   |    |   |  | <b>Location Legend:</b><br>(B), (G), (R) – Blue Pod, Green Pod, Red Pod<br>(C) – Chapel<br>(1-1) - One-on-one   | (HH) - Heritage Hall<br>(RR) - Recreation Room<br>(AR) – Alberta Room<br>(FG) – Family Garden                 |

Recreation programs are subject to last minute changes. If you have questions, please contact Brooke, Recreation Manager at (780) 473-5621 ext. 3409 or [bringuette@smhg.ca](mailto:bringuette@smhg.ca).

















# 2nd Floor

# September 2024



St. Michael's  
HEALTH GROUP

## LTCC Recreation Calendar

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|--|--|---|--|---|
| 1<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>    | 2<br><b>Sorry, No Recreation Programs Today</b><br><i>Labour Day</i>   | 3<br>11:00 Friendly Visits (1-1)<br>2:00 Anglican Service (AR)<br>3:30 Outside Visits (1-1)<br>6:15 BUDII (1-1)  | 4<br>10:30 UKR. Orthodox Liturgy (C)<br>3:00 Baking: Mug Cakes (RR)<br>6:15 Friendly Visits (1-1)<br>       | 5<br>10:00 Art Club: Colouring Bookmarks (AR)<br><b>2:00 Entertainment with Matt (AB)</b><br>6:15 Activity Cart (1-1)<br>                        | 6<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (1st Floor B)<br>2:15 Card Bingo (B)<br>4:00 Friendly Visits (1-1)     | 7<br><b>Sorry, No Recreation Programs Today</b><br>                        |
| 8<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br><i>National Grandparents Day</i>   | 9<br>10:00 Woodworking (1-1)<br>1:30 Bingo (First Floor R)<br>2:15 Brain Games (AR)<br>3:00 Nifty Nails (1-1)<br>                                 | 10<br>10:00 Target Shooting (AR)<br>2:00 Roman Catholic Mass (C)<br>3:30 Outside Visits (1-1)<br>6:15 BUDII (1-1)<br> | 11<br>10:15 Balloon Volleyball (AR)<br><b>1:00 Northeast River Valley Park</b><br>6:15 Sensory Room (1-1)  | 12<br>10:00 Art Club: Paint by Numbers (AR)<br><b>2:00 Happy Hour with Kennedy (HH)</b><br>6:15 BUDII (1-1)<br>                                  | 13<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (1st Floor G)<br>2:15 Music Bingo (G)<br>4:00 Friendly Visits (1-1)   | 14<br><b>10:00 Children's Visits (AR)</b><br>1:15 Activity Cart (1st Floor)<br>2:30 Activity Cart (2nd Floor)   |
| 15<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br>  | 16<br>10:00 BUDII (1-1)<br>1:30 Bingo (1st Floor B)<br>2:15 Guacamole Making (AR)<br>3:30 Nifty Nails (1-1)<br><i>National Guacamole Day</i><br> | 17<br>10:00 Woodworking (1-1)<br>2:00 Baptist Service (AR)<br>3:30 Outside Visits (1-1)<br>6:15 Activity Cart (1-1)  | 18<br>10:15 Parachute Games (AR)<br><b>1:00 Country Drive</b><br>6:15 BUDII (1-1)<br>                      | 19<br>10:00 Art Club: Pine Cone Bouquets Part 1/2 (AR)<br><b>2:00 Monthly Birthday Party with Britz Duo (HH)</b><br>6:15 Sensory Room (1-1)<br> | 20<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (First Floor R)<br>2:15 Card Bingo (R)<br>4:00 Friendly Visits (1-1)  | 22<br>10:00 Music with Georgina (2nd Floor)<br>1:30 Theatre Club (AR)<br> |
| 22<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br><i>First Day of Fall</i>  | 23<br>10:00 Activity Cart (1-1)<br>1:30 Bingo (First Floor R)<br>2:15 Brain Games (AR)<br>3:00 Nifty Nails (1-1)   | 24<br>10:00 Curling (AR)<br>2:00 Roman Catholic Mass (C)<br>3:30 Outside Visits (1-1)<br>6:15 BUDII (1-1)<br>       | 25<br>10:15 Balloon Volleyball (AR)<br><b>1:00 Royal Alberta Museum</b><br>6:15 Friendly Visits (1-1)<br> | 26<br>10:00 Art Club: Pine Cone Bouquets Part 2/2 (AR)<br><b>2:00 Entertainment with Kay D. (AR)</b><br>6:15 Activity Cart (1-1)  | 27<br>10:30 Hymn Sing (AR)<br>1:30 Bingo (First Floor R)<br>2:15 Music Bingo (B)<br>4:00 Friendly Visits (1-1) | 28<br>10:00 Music with Bianca (1st Floor)<br>1:30 Theatre Club (AR)   |
| 29<br>2:00 UKR/ENG<br>Catholic Liturgy (C)<br> | 30<br><b>Sorry, No Recreation Programs Today</b><br><i>Truth &amp; Reconciliation Day</i>  |    |  |   | <b>Location Legend:</b><br>(B), (G), (R) – Blue Pod, Green Pod, Red Pod<br>(C) – Chapel<br>(1-1) - One-on-one  | (HH) - Heritage Hall<br>(RR) - Recreation Room<br>(AR) – Alberta Room<br>(FG) – Family Garden   |

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