## September 2024

## Vegreville



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labor Day No Activities	No Activities	9:30 - Exercises 10:30 - Health Board 1:30- Bingo 3:30 - News & Views	9:30 - Exercises 10:30 - Decorating 2:00 - Volleyball 3:15 - Coffee Talk	9:30 - Exercises 10:30- Walking Club 1:30- Cribbage 3:15 - Read w/ Me National Read a Book Day!	7 1:30- Movie Time
3:00- 106.5 FM Radio Zabava Hour	9:30 - Exercises 10:30- Crosswords 1:30 - Nice Nails 3:15 - Dominoes	10 9:30 - Exercises 10:30 - Card Games 1:30- North Pointe 3:15 - Golf	9:30 - Exercises 10:30 - Reminiscing 1:30- Bingo 3:30 - News & Views	12 10:00 - St Vladimir 1:30- United Church 3:15 - Exercises National Chocolate Milkshake Day!	9:30 - Exercises 10:30 - Walking Club 1:30- Good Ol' Gospel Singalong 3:15 - Chocolate Milkshake Social	1:30- Movie Time
3:00- 106.5 FM Radio Zabava Hour	No Activities	17 10:30- Exercises 1:30- Card Making 3:15 - Basketball	18 9:30 - Exercises 10:30 - Color w/ Me 1:30 - Bingo 3:30 - News & Views	9:30 - Exercises 12:30-Resident Meeting 2:00- Target Toss 3:15 - Coffee Talk	9:30 - Exercises 10:30- Walking Club 1:30- Tony Mapa 3:15 - Board Games	1:30- Movie Time
First Day of Fall	9:30 - Exercises 10:30 - Word Search 1:30 - Nice Nails 3:15 - Checkers National Checkers Day!	9:30 - Exercises 10:30- Board Games 1:30- Baking 3:15 - Bean Bag Basket	25 10:00 - Holy Trinity 1:30 - Bingo 3:30 - News & Views	26 9:30 - Exercises 11:30 - Lunch Club Boston Pizza 2:00- Football 3:15 - Coffee Talk	9:30 - Exercises 10:30- Walking Club 1:30- Jim Davis 3:15 - Card Games	1:30- Movie Time
3:00- 106.5 FM Radio Zabava Hour	30 9:30 - Exercises 10:30- 3 Word Game 1:00- Making Words 3:15 - Card Bingo				*Please note that all scheduled activities are subject to change	