

Newsletter

April 2024



Health Tip:

Advanced Care Planning

Learn about advance care planning

Advance care planning is a way to help you plan and document your wishes for the type of healthcare you want now and in the future. Advance care planning is a process where you do the following:

- Think about values and wishes for medical treatments you may or may not want.
- Talk about your healthcare goals.
- Make a plan that reflects your values and wishes.
- Put your plan in writing (document your plan).

Source: myhealthalberta & Alberta Health Services

For more information visit:

<https://www.albertahealthservices.ca/info/page12585.aspx> or speak to your health care professional.

What's Happening at Vegreville Manor?

April 1st - Easter Monday & April Fools' Day!

**April 11th – St Vladimir Church service @ 10am
United Church Service @ 1:30am**

April 12th - Hot Chocolate Social @ 3:15

April 16th - Cards with Judy @ 1:30

April 18th - Resident Meeting @ 12:30

April 19th – Tony Mapa @ 1:30

April 22nd – Personal Touch Fashions @ 9am-11am

April 24th – Holy Trinity Church @10:00

April 26th – Jim Davis @ 1:30

Coloring Fun!



April Fools' Jokes!

**Why Do Eggs Like April Fools' Day?
They love practical Yolks!**

**What happens when you tell a duck
an April Fools' joke?
They Quack Up!**

**How do Pirates celebrate April Fools'
Day?
They walk the prank!**

Photo Gallery



CALS Beyond Play



Happy St. Patrick's Day!



Bean Bag Toss!